

































Bergen Point West Reach, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:26	5.4	6:54	5.1	12:18	-0.3	1:00	-0.6	6:29	5:47	
2	Mon	7:13	5.5	7:40	5.3	1:11	-0.5	1:47	-0.8	6:28	5:48	
3	Tue	7:57	5.5	8:23	5.4	2:00	-0.6	2:31	-0.8	6:26	5:50	
4	Wed	8:38	5.4	9:05	5.4	2:46	-0.6	3:11	-0.7	6:25	5:51	
5	Thu	9:18	5.2	9:45	5.3	3:29	-0.5	3:48	-0.5	6:23	5:52	
6	Fri	9:59	4.9	10:26	5.1	4:09	-0.3	4:22	-0.2	6:22	5:53	
7	Sat	10:41	4.5	11:06	4.9	4:46	0.0	4:51	0.1	6:20	5:54	
8	Sun			12:25	4.2	6:23	0.3	6:16	0.5	7:18	6:55	
9	Mon	12:48	4.7	1:12	3.9	7:02	0.6	6:42	0.8	7:17	6:56	
10	Tue	1:32	4.5	2:01	3.7	7:54	0.9	7:19	1.1	7:15	6:57	
11	Wed	2:19	4.3	2:53	3.6	9:08	1.1	8:34	1.3	7:14	6:58	
12	Thu	3:11	4.2	3:49	3.6	10:18	1.1	10:16	1.3	7:12	7:00	
13	Fri	4:10	4.2	4:52	3.7	11:16	0.9	11:20	1.1	7:10	7:01	
14	Sat	5:16	4.4	5:55	3.9			12:06	0.6	7:09	7:02	
15	Sun	6:15	4.6	6:46	4.3	12:13	0.7	12:51	0.3	7:07	7:03	
16	Mon	7:03	4.9	7:28	4.7	1:02	0.4	1:34	0.0	7:05	7:04	
17	Tue	7:44	5.2	8:05	5.1	1:49	0.1	2:16	-0.3	7:04	7:05	
18	Wed	8:23	5.4	8:41	5.4	2:36	-0.2	2:56	-0.5	7:02	7:06	
19	Thu	9:01	5.4	9:18	5.7	3:22	-0.5	3:36	-0.6	7:00	7:07	
20	Fri	9:42	5.4	9:57	5.8	4:07	-0.6	4:15	-0.7	6:59	7:08	
21	Sat	10:26	5.2	10:42	5.8	4:52	-0.6	4:54	-0.6	6:57	7:09	
22	Sun	11:18	4.9	11:33	5.7	5:37	-0.5	5:35	-0.4	6:56	7:10	
23	Mon			12:17	4.7	6:27	-0.2	6:20	-0.1	6:54	7:11	
24	Tue	12:33	5.4	1:22	4.4	7:27	0.1	7:18	0.3	6:52	7:12	
25	Wed	1:39	5.2	2:28	4.3	8:42	0.3	8:40	0.6	6:51	7:13	
26	Thu	2:47	5.0	3:33	4.3	9:55	0.4	10:02	0.6	6:49	7:14	
27	Fri	3:55	4.9	4:41	4.4	11:00	0.2	11:11	0.4	6:47	7:15	
28	Sat	5:06	4.9	5:48	4.7	11:56	0.0			6:46	7:17	
29	Sun	6:12	5.0	6:46	5.0	12:10	0.2	12:47	-0.2	6:44	7:18	
30	Mon	7:06	5.1	7:34	5.3	1:03	-0.1	1:34	-0.4	6:42	7:19	
31	Tue	7:52	5.2	8:16	5.6	1:52	-0.3	2:18	-0.5	6:41	7:20	