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# Bergen Point West Reach, NY - Mar 2026

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **6:26** | 5.4 | **6:54** | 5.1 | **12:18** | -0.3 | **1:00** | -0.6 | 6:29 | 5:47 | |
| 2 | Mon | **7:13** | 5.5 | **7:40** | 5.3 | **1:11** | -0.5 | **1:47** | -0.8 | 6:28 | 5:48 | |
| 3 | Tue | **7:57** | 5.5 | **8:23** | 5.4 | **2:00** | -0.6 | **2:31** | -0.8 | 6:26 | 5:50 | |
| 4 | Wed | **8:38** | 5.4 | **9:05** | 5.4 | **2:46** | -0.6 | **3:11** | -0.7 | 6:25 | 5:51 | |
| 5 | Thu | **9:18** | 5.2 | **9:45** | 5.3 | **3:29** | -0.5 | **3:48** | -0.5 | 6:23 | 5:52 | |
| 6 | Fri | **9:59** | 4.9 | **10:26** | 5.1 | **4:09** | -0.3 | **4:22** | -0.2 | 6:22 | 5:53 | |
| 7 | Sat | **10:41** | 4.5 | **11:06** | 4.9 | **4:46** | 0.0 | **4:51** | 0.1 | 6:20 | 5:54 | |
| 8 | Sun | | | **12:25** | 4.2 | **6:23** | 0.3 | **6:16** | 0.5 | 7:18 | 6:55 | |
| 9 | Mon | **12:48** | 4.7 | **1:12** | 3.9 | **7:02** | 0.6 | **6:42** | 0.8 | 7:17 | 6:56 | |
| 10 | Tue | **1:32** | 4.5 | **2:01** | 3.7 | **7:54** | 0.9 | **7:19** | 1.1 | 7:15 | 6:57 | |
| 11 | Wed | **2:19** | 4.3 | **2:53** | 3.6 | **9:08** | 1.1 | **8:34** | 1.3 | 7:14 | 6:58 | |
| 12 | Thu | **3:11** | 4.2 | **3:49** | 3.6 | **10:18** | 1.1 | **10:16** | 1.3 | 7:12 | 7:00 | |
| 13 | Fri | **4:10** | 4.2 | **4:52** | 3.7 | **11:16** | 0.9 | **11:20** | 1.1 | 7:10 | 7:01 | |
| 14 | Sat | **5:16** | 4.4 | **5:55** | 3.9 | | | **12:06** | 0.6 | 7:09 | 7:02 | |
| 15 | Sun | **6:15** | 4.6 | **6:46** | 4.3 | **12:13** | 0.7 | **12:51** | 0.3 | 7:07 | 7:03 | |
| 16 | Mon | **7:03** | 4.9 | **7:28** | 4.7 | **1:02** | 0.4 | **1:34** | 0.0 | 7:05 | 7:04 | |
| 17 | Tue | **7:44** | 5.2 | **8:05** | 5.1 | **1:49** | 0.1 | **2:16** | -0.3 | 7:04 | 7:05 | |
| 18 | Wed | **8:23** | 5.4 | **8:41** | 5.4 | **2:36** | -0.2 | **2:56** | -0.5 | 7:02 | 7:06 | |
| 19 | Thu | **9:01** | 5.4 | **9:18** | 5.7 | **3:22** | -0.5 | **3:36** | -0.6 | 7:00 | 7:07 | |
| 20 | Fri | **9:42** | 5.4 | **9:57** | 5.8 | **4:07** | -0.6 | **4:15** | -0.7 | 6:59 | 7:08 | |
| 21 | Sat | **10:26** | 5.2 | **10:42** | 5.8 | **4:52** | -0.6 | **4:54** | -0.6 | 6:57 | 7:09 | |
| 22 | Sun | **11:18** | 4.9 | **11:33** | 5.7 | **5:37** | -0.5 | **5:35** | -0.4 | 6:56 | 7:10 | |
| 23 | Mon | | | **12:17** | 4.7 | **6:27** | -0.2 | **6:20** | -0.1 | 6:54 | 7:11 | |
| 24 | Tue | **12:33** | 5.4 | **1:22** | 4.4 | **7:27** | 0.1 | **7:18** | 0.3 | 6:52 | 7:12 | |
| 25 | Wed | **1:39** | 5.2 | **2:28** | 4.3 | **8:42** | 0.3 | **8:40** | 0.6 | 6:51 | 7:13 | |
| 26 | Thu | **2:47** | 5.0 | **3:33** | 4.3 | **9:55** | 0.4 | **10:02** | 0.6 | 6:49 | 7:14 | |
| 27 | Fri | **3:55** | 4.9 | **4:41** | 4.4 | **11:00** | 0.2 | **11:11** | 0.4 | 6:47 | 7:15 | |
| 28 | Sat | **5:06** | 4.9 | **5:48** | 4.7 | **11:56** | 0.0 | | | 6:46 | 7:17 | |
| 29 | Sun | **6:12** | 5.0 | **6:46** | 5.0 | **12:10** | 0.2 | **12:47** | -0.2 | 6:44 | 7:18 | |
| 30 | Mon | **7:06** | 5.1 | **7:34** | 5.3 | **1:03** | -0.1 | **1:34** | -0.4 | 6:42 | 7:19 | |
| 31 | Tue | **7:52** | 5.2 | **8:16** | 5.6 | **1:52** | -0.3 | **2:18** | -0.5 | 6:41 | 7:20 | |