

Bergen Point West Reach, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:51	4.7	2:44	3.8	9:33	0.8	9:10	0.7	6:29	5:48	
2	Mon	3:02	4.8	4:00	4.0	10:38	0.5	10:30	0.4	6:27	5:49	
3	Tue	4:22	5.0	5:13	4.4	11:34	0.0	11:33	-0.1	6:26	5:50	
4	Wed	5:34	5.4	6:12	4.9			12:26	-0.4	6:24	5:51	
5	Thu	6:31	5.8	7:04	5.4	12:31	-0.5	1:16	-0.8	6:23	5:52	
6	Fri	7:21	6.0	7:52	5.8	1:27	-0.9	2:04	-1.1	6:21	5:53	
7	Sat	8:10	6.0	8:40	6.0	2:20	-1.1	2:51	-1.3	6:19	5:54	
8	Sun	9:58	5.9	10:29	6.0	4:11	-1.2	4:35	-1.2	7:18	6:55	
9	Mon	10:49	5.6	11:20	5.9	5:00	-1.1	5:18	-1.0	7:16	6:56	
10	Tue	11:42	5.2			5:48	-0.8	6:01	-0.6	7:15	6:58	
11	Wed	12:13	5.7	12:38	4.8	6:39	-0.4	6:47	-0.1	7:13	6:59	
12	Thu	1:08	5.3	1:35	4.4	7:36	0.1	7:42	0.4	7:11	7:00	
13	Fri	2:03	5.0	2:33	4.1	8:42	0.5	8:52	0.8	7:10	7:01	
14	Sat	2:59	4.7	3:31	3.9	9:51	0.7	10:04	1.0	7:08	7:02	
15	Sun	3:57	4.5	4:33	3.9	10:53	0.7	11:07	0.9	7:07	7:03	
16	Mon	5:01	4.4	5:37	4.0	11:48	0.6			7:05	7:04	
17	Tue	6:03	4.5	6:34	4.2	12:01	0.8	12:35	0.4	7:03	7:05	
18	Wed	6:55	4.7	7:21	4.5	12:49	0.6	1:19	0.2	7:02	7:06	
19	Thu	7:37	4.9	8:00	4.7	1:34	0.4	1:59	0.1	7:00	7:07	
20	Fri	8:15	5.0	8:35	4.9	2:17	0.2	2:37	0.0	6:58	7:08	
21	Sat	8:50	5.0	9:07	5.0	2:58	0.1	3:13	-0.1	6:57	7:09	
22	Sun	9:23	4.9	9:35	5.1	3:37	0.0	3:46	-0.1	6:55	7:10	
23	Mon	9:53	4.8	9:59	5.1	4:13	0.0	4:15	0.0	6:53	7:12	
24	Tue	10:22	4.6	10:21	5.1	4:47	0.1	4:42	0.1	6:52	7:13	
25	Wed	10:52	4.4	10:50	5.1	5:18	0.2	5:07	0.2	6:50	7:14	
26	Thu	11:28	4.2	11:29	5.0	5:49	0.3	5:37	0.4	6:48	7:15	
27	Fri			12:16	4.1	6:25	0.5	6:13	0.5	6:47	7:16	
28	Sat	12:20	5.0	1:16	4.0	7:14	0.7	7:01	0.7	6:45	7:17	
29	Sun	1:22	4.9	2:23	4.0	8:40	0.9	8:14	0.9	6:43	7:18	
30	Mon	2:31	4.9	3:31	4.1	10:07	0.7	9:58	0.8	6:42	7:19	
31	Tue	3:44	4.9	4:42	4.4	11:12	0.4	11:16	0.4	6:40	7:20	