

Centerport Harbor, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:56	7.0	5:26	6.0	11:35	0.7	11:40	0.9	7:18	4:36	
2	Fri	5:51	7.1	6:26	6.0			12:34	0.5	7:18	4:36	
3	Sat	6:47	7.3	7:27	6.1	12:36	0.9	1:32	0.3	7:18	4:37	
4	Sun	7:44	7.6	8:25	6.4	1:33	0.8	2:28	-0.1	7:18	4:38	
5	Mon	8:40	7.9	9:20	6.7	2:30	0.5	3:21	-0.4	7:18	4:39	
6	Tue	9:34	8.2	10:12	7.1	3:25	0.2	4:12	-0.8	7:18	4:40	
7	Wed	10:26	8.5	11:03	7.5	4:19	-0.2	5:01	-1.1	7:18	4:41	
8	Thu	11:17	8.6	11:53	7.9	5:12	-0.5	5:49	-1.3	7:17	4:42	
9	Fri			12:09	8.6	6:05	-0.7	6:37	-1.4	7:17	4:43	
10	Sat	12:44	8.2	1:01	8.4	6:58	-0.9	7:26	-1.4	7:17	4:44	
11	Sun	1:35	8.3	1:54	8.1	7:53	-0.8	8:16	-1.1	7:17	4:45	
12	Mon	2:27	8.3	2:49	7.7	8:49	-0.7	9:09	-0.8	7:17	4:46	
13	Tue	3:21	8.2	3:47	7.3	9:48	-0.5	10:05	-0.4	7:16	4:47	
14	Wed	4:18	7.9	4:49	6.8	10:50	-0.3	11:04	0.0	7:16	4:48	
15	Thu	5:18	7.7	5:55	6.5	11:54	-0.1			7:15	4:49	
16	Fri	6:22	7.4	7:04	6.2	12:06	0.4	12:57	0.1	7:15	4:51	
17	Sat	7:25	7.3	8:08	6.2	1:08	0.6	1:58	0.1	7:15	4:52	
18	Sun	8:24	7.2	9:05	6.2	2:08	0.7	2:55	0.1	7:14	4:53	
19	Mon	9:16	7.2	9:54	6.3	3:03	0.8	3:45	0.0	7:14	4:54	
20	Tue	10:01	7.2	10:36	6.4	3:52	0.7	4:30	0.0	7:13	4:55	
21	Wed	10:40	7.2	11:13	6.5	4:35	0.7	5:08	0.0	7:12	4:56	
22	Thu	11:14	7.2	11:45	6.6	5:14	0.6	5:43	-0.1	7:12	4:58	
23	Fri	11:47	7.1			5:51	0.5	6:15	-0.1	7:11	4:59	
24	Sat	12:15	6.8	12:20	7.1	6:26	0.5	6:46	0.0	7:10	5:00	
25	Sun	12:46	6.9	12:56	7.1	7:01	0.4	7:18	0.0	7:10	5:01	
26	Mon	1:21	7.1	1:34	6.9	7:38	0.4	7:52	0.1	7:09	5:02	
27	Tue	1:58	7.2	2:16	6.8	8:18	0.3	8:30	0.3	7:08	5:04	
28	Wed	2:39	7.2	3:01	6.5	9:03	0.4	9:12	0.5	7:07	5:05	
29	Thu	3:24	7.2	3:50	6.3	9:54	0.5	10:00	0.7	7:06	5:06	
30	Fri	4:15	7.2	4:46	6.1	10:51	0.5	10:56	0.8	7:05	5:07	
31	Sat	5:10	7.2	5:47	6.0	11:53	0.5	11:58	0.9	7:04	5:09	