

Centerport Harbor, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:20	8.2	2:51	8.1	8:44	-0.3	9:09	0.2	5:25	8:29	
2	Fri	3:09	8.1	3:41	8.3	9:31	-0.2	10:03	0.1	5:26	8:29	
3	Sat	4:02	7.9	4:34	8.4	10:23	-0.1	11:02	0.1	5:26	8:28	
4	Sun	4:59	7.7	5:31	8.4	11:20	0.0			5:27	8:28	
5	Mon	6:01	7.5	6:32	8.4	12:06	0.1	12:21	0.2	5:27	8:28	
6	Tue	7:07	7.4	7:36	8.5	1:11	0.0	1:24	0.2	5:28	8:28	
7	Wed	8:15	7.4	8:40	8.6	2:15	-0.2	2:28	0.2	5:29	8:27	
8	Thu	9:21	7.5	9:41	8.7	3:16	-0.4	3:30	0.1	5:29	8:27	
9	Fri	10:20	7.7	10:37	8.7	4:14	-0.5	4:28	0.0	5:30	8:27	
10	Sat	11:14	7.9	11:29	8.7	5:08	-0.7	5:22	-0.1	5:31	8:26	
11	Sun			12:04	8.0	5:58	-0.7	6:13	-0.1	5:31	8:26	
12	Mon	12:17	8.6	12:50	8.0	6:44	-0.7	7:00	-0.1	5:32	8:25	
13	Tue	1:02	8.4	1:34	8.0	7:28	-0.6	7:46	0.1	5:33	8:25	
14	Wed	1:46	8.2	2:16	7.9	8:10	-0.3	8:31	0.2	5:34	8:24	
15	Thu	2:28	7.9	2:57	7.8	8:52	-0.1	9:16	0.4	5:34	8:24	
16	Fri	3:12	7.6	3:40	7.7	9:34	0.2	10:04	0.6	5:35	8:23	
17	Sat	3:57	7.2	4:25	7.5	10:19	0.6	10:54	0.8	5:36	8:22	
18	Sun	4:45	6.9	5:13	7.4	11:08	0.9	11:49	1.0	5:37	8:22	
19	Mon	5:38	6.6	6:05	7.3			12:01	1.1	5:38	8:21	
20	Tue	6:36	6.4	7:01	7.2	12:46	1.0	12:56	1.3	5:38	8:20	
21	Wed	7:37	6.3	7:58	7.2	1:44	1.0	1:52	1.3	5:39	8:19	
22	Thu	8:37	6.4	8:52	7.3	2:39	0.9	2:46	1.3	5:40	8:19	
23	Fri	9:30	6.6	9:41	7.5	3:31	0.7	3:37	1.2	5:41	8:18	
24	Sat	10:17	6.8	10:25	7.7	4:17	0.5	4:24	1.0	5:42	8:17	
25	Sun	10:58	7.1	11:07	8.0	5:00	0.3	5:08	0.7	5:43	8:16	
26	Mon	11:37	7.5	11:48	8.2	5:40	0.0	5:50	0.4	5:44	8:15	
27	Tue			12:17	7.8	6:18	-0.2	6:32	0.2	5:45	8:14	
28	Wed	12:30	8.4	12:58	8.2	6:57	-0.4	7:15	-0.1	5:46	8:13	
29	Thu	1:14	8.4	1:42	8.5	7:38	-0.5	8:01	-0.3	5:47	8:12	
30	Fri	2:01	8.4	2:28	8.7	8:21	-0.6	8:50	-0.4	5:48	8:11	
31	Sat	2:50	8.3	3:18	8.8	9:08	-0.5	9:43	-0.3	5:49	8:10	