

Centerport Harbor, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:43	8.1	4:11	8.7	10:01	-0.3	10:42	-0.2	5:50	8:09	
2	Mon	4:39	7.8	5:09	8.6	10:58	-0.1	11:45	-0.1	5:50	8:08	
3	Tue	5:42	7.5	6:12	8.4			12:02	0.2	5:51	8:07	
4	Wed	6:51	7.3	7:21	8.3	12:52	0.0	1:09	0.3	5:52	8:06	
5	Thu	8:03	7.3	8:29	8.3	1:59	0.0	2:16	0.4	5:53	8:04	
6	Fri	9:11	7.4	9:33	8.3	3:02	-0.1	3:19	0.3	5:54	8:03	
7	Sat	10:11	7.6	10:29	8.4	4:01	-0.3	4:18	0.2	5:55	8:02	
8	Sun	11:03	7.8	11:19	8.4	4:54	-0.4	5:11	0.1	5:56	8:01	
9	Mon	11:50	7.9			5:42	-0.4	5:59	0.0	5:57	7:59	
10	Tue	12:04	8.3	12:31	8.0	6:25	-0.4	6:43	0.0	5:58	7:58	
11	Wed	12:45	8.1	1:09	8.0	7:05	-0.2	7:24	0.1	5:59	7:57	
12	Thu	1:23	8.0	1:45	7.9	7:42	0.0	8:03	0.2	6:00	7:56	
13	Fri	1:59	7.7	2:21	7.9	8:19	0.2	8:43	0.4	6:01	7:54	
14	Sat	2:37	7.5	2:58	7.8	8:57	0.4	9:24	0.6	6:02	7:53	
15	Sun	3:18	7.2	3:40	7.6	9:37	0.7	10:10	0.8	6:03	7:51	
16	Mon	4:03	7.0	4:25	7.4	10:22	1.0	11:01	1.0	6:04	7:50	
17	Tue	4:52	6.7	5:16	7.3	11:12	1.2	11:57	1.1	6:05	7:49	
18	Wed	5:47	6.5	6:12	7.1			12:09	1.4	6:06	7:47	
19	Thu	6:48	6.3	7:11	7.1	12:57	1.2	1:09	1.5	6:07	7:46	
20	Fri	7:51	6.4	8:11	7.2	1:56	1.1	2:08	1.4	6:08	7:44	
21	Sat	8:50	6.6	9:06	7.4	2:52	0.9	3:04	1.2	6:09	7:43	
22	Sun	9:41	7.0	9:56	7.7	3:41	0.6	3:54	0.9	6:10	7:41	
23	Mon	10:26	7.4	10:41	8.0	4:26	0.3	4:41	0.5	6:11	7:40	
24	Tue	11:08	7.9	11:25	8.3	5:09	0.0	5:26	0.0	6:12	7:38	
25	Wed	11:50	8.4			5:49	-0.3	6:10	-0.3	6:13	7:37	
26	Thu	12:09	8.6	12:32	8.8	6:31	-0.6	6:55	-0.7	6:14	7:35	
27	Fri	12:54	8.7	1:17	9.1	7:13	-0.7	7:41	-0.8	6:15	7:34	
28	Sat	1:41	8.7	2:05	9.2	7:58	-0.7	8:30	-0.8	6:16	7:32	
29	Sun	2:31	8.5	2:55	9.1	8:47	-0.6	9:23	-0.7	6:17	7:30	
30	Mon	3:24	8.3	3:50	8.9	9:40	-0.3	10:22	-0.4	6:18	7:29	
31	Tue	4:22	7.9	4:49	8.6	10:40	0.0	11:26	-0.1	6:19	7:27	