

Centerport Harbor, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:10	7.5	7:39	7.2	12:54	0.4	1:29	0.4	6:24	4:49	
2	Tue	8:06	7.6	8:34	7.2	1:50	0.4	2:24	0.3	6:25	4:48	
3	Wed	8:53	7.7	9:21	7.2	2:40	0.4	3:13	0.1	6:26	4:47	
4	Thu	9:35	7.8	10:02	7.2	3:25	0.5	3:56	0.0	6:28	4:46	
5	Fri	10:10	7.8	10:38	7.2	4:06	0.5	4:34	0.0	6:29	4:44	
6	Sat	10:42	7.8	11:09	7.1	4:42	0.6	5:10	0.0	6:30	4:43	
7	Sun	11:12	7.8	11:40	7.1	5:16	0.7	5:44	0.0	6:31	4:42	
8	Mon	11:44	7.8			5:49	0.7	6:17	0.1	6:32	4:41	
9	Tue	12:13	7.1	12:19	7.7	6:23	0.8	6:52	0.1	6:34	4:40	
10	Wed	12:49	7.1	12:58	7.6	6:59	0.8	7:29	0.2	6:35	4:39	
11	Thu	1:30	7.0	1:41	7.5	7:40	0.9	8:11	0.3	6:36	4:38	
12	Fri	2:15	7.0	2:29	7.3	8:27	1.0	8:58	0.5	6:37	4:37	
13	Sat	3:04	7.0	3:21	7.2	9:20	1.0	9:50	0.6	6:38	4:36	
14	Sun	3:57	7.1	4:18	7.0	10:21	1.0	10:47	0.6	6:40	4:36	
15	Mon	4:54	7.3	5:19	7.0	11:24	0.8	11:46	0.5	6:41	4:35	
16	Tue	5:53	7.5	6:23	7.1			12:27	0.4	6:42	4:34	
17	Wed	6:52	7.9	7:25	7.3	12:45	0.3	1:27	0.0	6:43	4:33	
18	Thu	7:49	8.4	8:23	7.6	1:41	0.1	2:23	-0.5	6:44	4:32	
19	Fri	8:44	8.8	9:18	7.9	2:36	-0.2	3:17	-0.9	6:45	4:32	
20	Sat	9:35	9.1	10:10	8.2	3:29	-0.5	4:08	-1.3	6:47	4:31	
21	Sun	10:26	9.3	11:00	8.3	4:20	-0.7	4:59	-1.5	6:48	4:30	
22	Mon	11:16	9.3	11:51	8.4	5:11	-0.8	5:48	-1.6	6:49	4:30	
23	Tue			12:07	9.2	6:03	-0.8	6:38	-1.4	6:50	4:29	
24	Wed	12:42	8.3	12:59	8.9	6:55	-0.6	7:29	-1.2	6:51	4:29	
25	Thu	1:35	8.1	1:52	8.4	7:49	-0.4	8:22	-0.8	6:52	4:28	
26	Fri	2:30	7.9	2:48	7.9	8:47	-0.1	9:17	-0.4	6:53	4:28	
27	Sat	3:28	7.7	3:48	7.4	9:48	0.2	10:16	-0.1	6:54	4:27	
28	Sun	4:28	7.5	4:52	7.0	10:52	0.4	11:16	0.2	6:55	4:27	
29	Mon	5:30	7.3	5:58	6.8	11:55	0.5			6:56	4:27	
30	Tue	6:31	7.3	7:02	6.6	12:15	0.5	12:56	0.4	6:58	4:26	