

Centerport Harbor, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:33	7.3	3:54	6.8	9:58	0.5	10:15	0.3	7:18	4:36	
2	Mon	4:25	7.4	4:52	6.7	10:57	0.4	11:12	0.3	7:18	4:36	
3	Tue	5:22	7.5	5:53	6.6	11:59	0.2			7:18	4:37	
4	Wed	6:21	7.7	6:57	6.8	12:12	0.3	1:01	-0.1	7:18	4:38	
5	Thu	7:22	8.0	7:59	7.0	1:12	0.1	2:01	-0.5	7:18	4:39	
6	Fri	8:21	8.3	8:59	7.4	2:12	-0.1	2:58	-0.9	7:18	4:40	
7	Sat	9:17	8.6	9:54	7.7	3:10	-0.4	3:52	-1.2	7:18	4:41	
8	Sun	10:11	8.8	10:47	8.1	4:06	-0.7	4:44	-1.5	7:17	4:42	
9	Mon	11:04	8.9	11:38	8.3	4:59	-1.0	5:34	-1.7	7:17	4:43	
10	Tue	11:55	8.9			5:52	-1.1	6:23	-1.7	7:17	4:44	
11	Wed	12:29	8.4	12:46	8.7	6:44	-1.1	7:12	-1.6	7:17	4:45	
12	Thu	1:19	8.4	1:38	8.3	7:36	-1.0	8:01	-1.3	7:17	4:46	
13	Fri	2:10	8.3	2:30	7.9	8:30	-0.7	8:53	-0.9	7:16	4:47	
14	Sat	3:03	8.0	3:25	7.4	9:26	-0.4	9:47	-0.5	7:16	4:48	
15	Sun	3:58	7.7	4:24	7.0	10:26	-0.1	10:44	-0.1	7:15	4:50	
16	Mon	4:56	7.4	5:27	6.6	11:27	0.1	11:43	0.3	7:15	4:51	
17	Tue	5:57	7.2	6:33	6.3			12:29	0.2	7:15	4:52	
18	Wed	6:58	7.1	7:36	6.3	12:43	0.5	1:28	0.2	7:14	4:53	
19	Thu	7:55	7.1	8:32	6.3	1:40	0.6	2:23	0.2	7:13	4:54	
20	Fri	8:46	7.1	9:21	6.4	2:33	0.6	3:13	0.1	7:13	4:55	
21	Sat	9:30	7.2	10:03	6.5	3:22	0.6	3:57	0.0	7:12	4:56	
22	Sun	10:09	7.2	10:39	6.6	4:05	0.5	4:37	-0.1	7:12	4:58	
23	Mon	10:43	7.3	11:12	6.8	4:44	0.4	5:13	-0.2	7:11	4:59	
24	Tue	11:16	7.4	11:43	7.0	5:21	0.3	5:46	-0.3	7:10	5:00	
25	Wed	11:50	7.4			5:56	0.2	6:19	-0.3	7:10	5:01	
26	Thu	12:16	7.2	12:26	7.5	6:32	0.1	6:52	-0.3	7:09	5:03	
27	Fri	12:52	7.4	1:06	7.4	7:09	0.0	7:27	-0.3	7:08	5:04	
28	Sat	1:31	7.5	1:48	7.4	7:50	0.0	8:07	-0.3	7:07	5:05	
29	Sun	2:15	7.6	2:35	7.2	8:35	0.0	8:51	-0.1	7:06	5:06	
30	Mon	3:02	7.7	3:26	7.0	9:27	0.0	9:42	0.0	7:05	5:07	
31	Tue	3:54	7.7	4:22	6.8	10:25	0.0	10:39	0.2	7:04	5:09	