

Centerport Harbor, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:43	8.7	2:12	7.7	8:11	-1.0	8:23	-0.5	6:27	5:44	
2	Fri	2:35	8.5	3:06	7.3	9:06	-0.7	9:19	-0.2	6:25	5:45	
3	Sat	3:31	8.2	4:07	6.9	10:08	-0.3	10:23	0.2	6:24	5:46	
4	Sun	4:35	7.8	5:17	6.6	11:17	0.0	11:35	0.5	6:22	5:47	
5	Mon	5:47	7.5	6:36	6.6			12:29	0.1	6:21	5:48	
6	Tue	7:04	7.4	7:50	6.8	12:50	0.5	1:37	0.0	6:19	5:49	
7	Wed	8:14	7.4	8:52	7.1	1:59	0.4	2:39	-0.1	6:18	5:51	
8	Thu	9:13	7.5	9:44	7.4	3:01	0.2	3:33	-0.3	6:16	5:52	
9	Fri	10:03	7.6	10:29	7.6	3:54	-0.1	4:19	-0.3	6:14	5:53	
10	Sat	10:47	7.6	11:07	7.7	4:41	-0.2	5:01	-0.3	6:13	5:54	
11	Sun	11:25	7.5	11:41	7.7	5:22	-0.3	5:37	-0.2	6:11	5:55	
12	Mon			12:00	7.4	5:59	-0.3	6:11	-0.1	6:09	5:56	
13	Tue	12:13	7.7	12:32	7.2	6:35	-0.2	6:44	0.1	6:08	5:57	
14	Wed	12:44	7.7	1:06	7.1	7:09	-0.1	7:17	0.3	6:06	5:58	
15	Thu	1:18	7.6	1:42	6.8	7:46	0.1	7:53	0.6	6:05	5:59	
16	Fri	1:56	7.4	2:23	6.6	8:26	0.4	8:33	0.9	6:03	6:00	
17	Sat	2:39	7.2	3:08	6.3	9:12	0.6	9:20	1.1	6:01	6:02	
18	Sun	3:27	6.9	4:00	6.1	10:05	0.9	10:15	1.4	6:00	6:03	
19	Mon	4:21	6.7	5:00	5.9	11:06	1.1	11:19	1.5	5:58	6:04	
20	Tue	5:22	6.6	6:05	5.9			12:09	1.1	5:56	6:05	
21	Wed	6:27	6.6	7:10	6.2	12:26	1.5	1:10	0.9	5:55	6:06	
22	Thu	7:30	6.8	8:06	6.6	1:28	1.2	2:03	0.7	5:53	6:07	
23	Fri	8:26	7.1	8:53	7.2	2:24	0.7	2:51	0.3	5:51	6:08	
24	Sat	9:15	7.4	9:37	7.8	3:14	0.2	3:35	0.0	5:50	6:09	
25	Sun	10:00	7.8	10:19	8.3	4:00	-0.3	4:17	-0.3	5:48	6:10	
26	Mon	10:45	8.0	11:02	8.8	4:45	-0.8	4:58	-0.6	5:46	6:11	
27	Tue	11:29	8.2	11:46	9.1	5:29	-1.1	5:41	-0.8	5:45	6:12	
28	Wed			12:15	8.2	6:14	-1.3	6:26	-0.8	5:43	6:13	
29	Thu	12:33	9.1	1:04	8.1	7:02	-1.3	7:14	-0.6	5:41	6:14	
30	Fri	1:23	9.0	1:55	7.8	7:53	-1.0	8:06	-0.4	5:40	6:15	
31	Sat	2:16	8.7	2:52	7.5	8:49	-0.7	9:05	0.0	5:38	6:16	