

Centerport Harbor, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:09	6.5	7:31	7.4	1:09	0.8	1:19	1.1	5:25	8:29	
2	Mon	8:09	6.4	8:26	7.3	2:06	0.8	2:13	1.3	5:25	8:29	
3	Tue	9:06	6.4	9:17	7.3	3:00	0.8	3:05	1.4	5:26	8:28	
4	Wed	9:57	6.4	10:03	7.4	3:51	0.7	3:55	1.4	5:26	8:28	
5	Thu	10:42	6.5	10:44	7.5	4:37	0.6	4:40	1.3	5:27	8:28	
6	Fri	11:22	6.6	11:22	7.6	5:20	0.5	5:22	1.2	5:28	8:28	
7	Sat	11:58	6.8	11:58	7.7	5:58	0.4	6:01	1.1	5:28	8:27	
8	Sun			12:32	7.0	6:34	0.3	6:39	1.0	5:29	8:27	
9	Mon	12:35	7.7	1:07	7.2	7:08	0.2	7:18	0.8	5:30	8:27	
10	Tue	1:14	7.8	1:45	7.5	7:43	0.1	7:58	0.7	5:30	8:26	
11	Wed	1:55	7.8	2:25	7.7	8:20	0.1	8:41	0.5	5:31	8:26	
12	Thu	2:40	7.7	3:09	8.0	9:00	0.1	9:28	0.4	5:32	8:25	
13	Fri	3:27	7.6	3:56	8.1	9:44	0.2	10:20	0.4	5:33	8:25	
14	Sat	4:19	7.4	4:47	8.2	10:33	0.3	11:18	0.3	5:33	8:24	
15	Sun	5:14	7.2	5:42	8.2	11:28	0.5			5:34	8:24	
16	Mon	6:15	7.0	6:42	8.3	12:20	0.3	12:29	0.6	5:35	8:23	
17	Tue	7:20	6.9	7:46	8.3	1:24	0.2	1:33	0.6	5:36	8:23	
18	Wed	8:29	7.0	8:51	8.4	2:29	0.1	2:38	0.5	5:36	8:22	
19	Thu	9:34	7.2	9:53	8.5	3:31	-0.2	3:41	0.4	5:37	8:21	
20	Fri	10:34	7.5	10:51	8.7	4:29	-0.4	4:41	0.2	5:38	8:20	
21	Sat	11:29	7.8	11:44	8.7	5:23	-0.6	5:37	0.0	5:39	8:20	
22	Sun			12:20	8.0	6:13	-0.7	6:30	-0.1	5:40	8:19	
23	Mon	12:34	8.6	1:07	8.2	7:00	-0.7	7:19	-0.2	5:41	8:18	
24	Tue	1:22	8.4	1:52	8.2	7:45	-0.6	8:07	-0.1	5:42	8:17	
25	Wed	2:08	8.2	2:36	8.2	8:28	-0.3	8:54	0.1	5:43	8:16	
26	Thu	2:53	7.8	3:20	8.0	9:12	0.0	9:42	0.3	5:44	8:15	
27	Fri	3:40	7.4	4:05	7.8	9:57	0.4	10:33	0.6	5:44	8:15	
28	Sat	4:28	7.0	4:52	7.6	10:44	0.8	11:26	0.8	5:45	8:14	
29	Sun	5:20	6.6	5:43	7.3	11:36	1.1			5:46	8:13	
30	Mon	6:17	6.3	6:40	7.2	12:23	1.0	12:32	1.4	5:47	8:12	
31	Tue	7:20	6.2	7:40	7.1	1:23	1.1	1:30	1.6	5:48	8:11	