

Centerport Harbor, NY - Mar 2009

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 1:42 | 8.1 | 2:09 | 7.2 | 8:07 | -0.4 | 8:17 | 0.0 | 6:26 | 5:44 | ☾ |
| 2 | Mon | 2:29 | 8.1 | 2:59 | 7.0 | 8:58 | -0.2 | 9:08 | 0.2 | 6:25 | 5:45 | ☾ |
| 3 | Tue | 3:22 | 7.9 | 3:56 | 6.7 | 9:56 | 0.0 | 10:08 | 0.5 | 6:23 | 5:46 | ☾ |
| 4 | Wed | 4:22 | 7.7 | 5:01 | 6.5 | 11:03 | 0.2 | 11:18 | 0.6 | 6:22 | 5:48 | ☾ |
| 5 | Thu | 5:29 | 7.5 | 6:14 | 6.6 | | | 12:14 | 0.2 | 6:20 | 5:49 | ☾ |
| 6 | Fri | 6:43 | 7.5 | 7:29 | 6.8 | 12:33 | 0.5 | 1:23 | 0.0 | 6:19 | 5:50 | ☾ |
| 7 | Sat | 7:55 | 7.6 | 8:35 | 7.3 | 1:44 | 0.3 | 2:26 | -0.3 | 6:17 | 5:51 | ☾ |
| 8 | Sun | 9:59 | 7.9 | 10:31 | 7.8 | 3:49 | -0.1 | 4:22 | -0.6 | 7:15 | 6:52 | ☾ |
| 9 | Mon | 10:54 | 8.1 | 11:20 | 8.2 | 4:46 | -0.5 | 5:12 | -0.8 | 7:14 | 6:53 | ☾ |
| 10 | Tue | 11:43 | 8.2 | | | 5:37 | -0.8 | 5:58 | -0.9 | 7:12 | 6:54 | ☾ |
| 11 | Wed | 12:05 | 8.4 | 12:28 | 8.1 | 6:24 | -1.0 | 6:41 | -0.9 | 7:10 | 6:55 | ☾ |
| 12 | Thu | 12:47 | 8.5 | 1:11 | 8.0 | 7:09 | -1.0 | 7:23 | -0.7 | 7:09 | 6:57 | ☾ |
| 13 | Fri | 1:28 | 8.4 | 1:52 | 7.7 | 7:51 | -0.9 | 8:03 | -0.4 | 7:07 | 6:58 | ☾ |
| 14 | Sat | 2:08 | 8.2 | 2:33 | 7.4 | 8:33 | -0.6 | 8:44 | 0.0 | 7:06 | 6:59 | ☾ |
| 15 | Sun | 2:48 | 7.9 | 3:15 | 7.0 | 9:17 | -0.2 | 9:27 | 0.4 | 7:04 | 7:00 | ☾ |
| 16 | Mon | 3:32 | 7.6 | 4:01 | 6.6 | 10:04 | 0.2 | 10:15 | 0.8 | 7:02 | 7:01 | ☾ |
| 17 | Tue | 4:19 | 7.2 | 4:52 | 6.3 | 10:57 | 0.6 | 11:09 | 1.2 | 7:01 | 7:02 | ☾ |
| 18 | Wed | 5:13 | 6.8 | 5:52 | 6.0 | 11:57 | 0.9 | | | 6:59 | 7:03 | ☾ |
| 19 | Thu | 6:14 | 6.6 | 7:00 | 5.9 | 12:12 | 1.4 | 1:00 | 1.1 | 6:57 | 7:04 | ☾ |
| 20 | Fri | 7:23 | 6.5 | 8:08 | 6.0 | 1:18 | 1.5 | 2:02 | 1.0 | 6:56 | 7:05 | ☾ |
| 21 | Sat | 8:28 | 6.5 | 9:06 | 6.3 | 2:21 | 1.3 | 2:58 | 0.9 | 6:54 | 7:06 | ☾ |
| 22 | Sun | 9:23 | 6.7 | 9:52 | 6.7 | 3:17 | 1.1 | 3:46 | 0.7 | 6:52 | 7:07 | ☾ |
| 23 | Mon | 10:09 | 6.9 | 10:31 | 7.0 | 4:06 | 0.8 | 4:28 | 0.5 | 6:51 | 7:08 | ☾ |
| 24 | Tue | 10:49 | 7.1 | 11:05 | 7.4 | 4:48 | 0.4 | 5:05 | 0.3 | 6:49 | 7:09 | ☾ |
| 25 | Wed | 11:25 | 7.3 | 11:38 | 7.8 | 5:27 | 0.1 | 5:40 | 0.2 | 6:47 | 7:11 | ☾ |
| 26 | Thu | | | 12:01 | 7.5 | 6:04 | -0.2 | 6:14 | 0.0 | 6:46 | 7:12 | ☾ |
| 27 | Fri | 12:14 | 8.1 | 12:38 | 7.6 | 6:41 | -0.5 | 6:49 | -0.1 | 6:44 | 7:13 | ☾ |
| 28 | Sat | 12:52 | 8.4 | 1:19 | 7.6 | 7:20 | -0.6 | 7:28 | -0.1 | 6:42 | 7:14 | ☾ |
| 29 | Sun | 1:33 | 8.5 | 2:02 | 7.6 | 8:01 | -0.7 | 8:10 | -0.1 | 6:41 | 7:15 | ☾ |
| 30 | Mon | 2:19 | 8.5 | 2:50 | 7.5 | 8:48 | -0.5 | 8:58 | 0.1 | 6:39 | 7:16 | ☾ |
| 31 | Tue | 3:09 | 8.3 | 3:43 | 7.3 | 9:40 | -0.3 | 9:54 | 0.3 | 6:37 | 7:17 | ☾ |