

































## Centerport Harbor, NY - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:10	7.7	9:42	7.5	2:58	-0.1	3:31	-0.5	6:26	5:44	
2	Sat	10:02	7.8	10:28	7.7	3:53	-0.3	4:19	-0.6	6:25	5:45	
3	Sun	10:47	7.8	11:09	7.9	4:41	-0.5	5:02	-0.6	6:23	5:46	
4	Mon	11:28	7.7	11:46	7.9	5:24	-0.5	5:42	-0.5	6:22	5:47	
5	Tue			12:05	7.6	6:04	-0.5	6:18	-0.3	6:20	5:49	
6	Wed	12:20	7.8	12:39	7.4	6:41	-0.4	6:53	-0.1	6:19	5:50	
7	Thu	12:54	7.8	1:15	7.2	7:18	-0.2	7:28	0.1	6:17	5:51	
8	Fri	1:29	7.6	1:52	7.0	7:57	0.0	8:06	0.4	6:15	5:52	
9	Sat	2:08	7.4	2:34	6.7	8:39	0.3	8:48	0.7	6:14	5:53	
10	Sun	3:52	7.2	4:20	6.4	10:26	0.6	10:36	1.0	7:12	6:54	
11	Mon	4:40	6.9	5:13	6.1	11:20	0.8	11:32	1.2	7:11	6:55	
12	Tue	5:35	6.7	6:12	6.0			12:20	1.0	7:09	6:56	
13	Wed	6:36	6.6	7:17	6.0	12:35	1.3	1:22	1.0	7:07	6:57	
14	Thu	7:40	6.6	8:20	6.3	1:40	1.3	2:21	0.8	7:06	6:59	
15	Fri	8:41	6.8	9:14	6.6	2:39	1.0	3:13	0.6	7:04	7:00	
16	Sat	9:34	7.1	10:01	7.1	3:33	0.7	4:00	0.3	7:02	7:01	
17	Sun	10:21	7.4	10:43	7.7	4:21	0.2	4:42	0.0	7:01	7:02	
18	Mon	11:05	7.7	11:24	8.2	5:05	-0.3	5:23	-0.3	6:59	7:03	
19	Tue	11:48	8.0			5:49	-0.7	6:04	-0.6	6:57	7:04	
20	Wed	12:06	8.6	12:31	8.2	6:32	-1.0	6:46	-0.8	6:56	7:05	
21	Thu	12:49	8.9	1:17	8.2	7:17	-1.2	7:30	-0.8	6:54	7:06	
22	Fri	1:36	9.0	2:05	8.2	8:04	-1.2	8:17	-0.8	6:52	7:07	
23	Sat	2:25	9.0	2:56	8.0	8:54	-1.1	9:09	-0.5	6:51	7:08	
24	Sun	3:18	8.7	3:51	7.7	9:49	-0.8	10:07	-0.2	6:49	7:09	
25	Mon	4:16	8.3	4:53	7.4	10:51	-0.4	11:13	0.1	6:47	7:10	
26	Tue	5:20	7.9	6:03	7.1	11:58	-0.1			6:46	7:11	
27	Wed	6:33	7.6	7:18	7.1	12:24	0.3	1:08	0.0	6:44	7:13	
28	Thu	7:48	7.4	8:29	7.3	1:37	0.4	2:14	0.0	6:42	7:14	
29	Fri	8:57	7.4	9:29	7.5	2:44	0.2	3:15	0.0	6:41	7:15	
30	Sat	9:55	7.5	10:21	7.7	3:44	0.0	4:08	-0.1	6:39	7:16	
31	Sun	10:45	7.6	11:05	7.9	4:36	-0.2	4:56	-0.1	6:37	7:17	