

City Island, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:09	7.0	4:34	6.2	10:38	0.6	10:50	0.6	7:19	4:37	
2	Fri	5:01	7.2	5:34	6.1	11:40	0.5	11:46	0.6	7:19	4:38	
3	Sat	5:58	7.4	6:42	6.2			12:52	0.3	7:19	4:39	
4	Sun	7:00	7.7	7:51	6.4	12:47	0.5	2:11	-0.1	7:19	4:40	
5	Mon	8:02	8.0	8:51	6.8	1:51	0.3	3:15	-0.5	7:19	4:41	
6	Tue	9:00	8.4	9:46	7.1	2:55	0.0	4:11	-0.8	7:19	4:42	
7	Wed	9:56	8.7	10:40	7.4	3:57	-0.4	5:04	-1.1	7:19	4:43	
8	Thu	10:52	8.8	11:34	7.7	4:57	-0.6	5:54	-1.3	7:19	4:44	
9	Fri	11:48	8.8			5:55	-0.8	6:43	-1.3	7:19	4:45	
10	Sat	12:29	7.9	12:43	8.5	6:53	-0.8	7:32	-1.2	7:19	4:46	
11	Sun	1:24	8.0	1:40	8.1	7:53	-0.7	8:24	-1.0	7:18	4:47	
12	Mon	2:21	8.0	2:41	7.6	8:58	-0.5	9:20	-0.7	7:18	4:48	
13	Tue	3:21	7.9	3:46	7.1	10:05	-0.3	10:19	-0.3	7:18	4:49	
14	Wed	4:22	7.7	4:53	6.7	11:09	-0.2	11:20	0.0	7:17	4:50	
15	Thu	5:24	7.5	6:01	6.5			12:12	-0.1	7:17	4:51	
16	Fri	6:28	7.3	7:06	6.4	12:22	0.3	1:12	-0.1	7:17	4:52	
17	Sat	7:30	7.2	8:04	6.4	1:23	0.4	2:08	-0.2	7:16	4:54	
18	Sun	8:24	7.3	8:55	6.6	2:19	0.4	3:00	-0.3	7:16	4:55	
19	Mon	9:13	7.3	9:41	6.7	3:10	0.3	3:48	-0.3	7:15	4:56	
20	Tue	9:57	7.3	10:24	6.8	3:57	0.3	4:33	-0.4	7:15	4:57	
21	Wed	10:38	7.3	11:04	6.9	4:39	0.2	5:13	-0.3	7:14	4:58	
22	Thu	11:13	7.3	11:39	6.9	5:16	0.2	5:48	-0.3	7:13	4:59	
23	Fri	11:40	7.2			5:45	0.2	6:15	-0.2	7:13	5:01	
24	Sat	12:07	6.9	11:58 AM	7.1	6:02	0.2	6:26	-0.2	7:12	5:02	
25	Sun	12:25	7.0	12:21	7.0	6:23	0.2	6:42	-0.2	7:11	5:03	
26	Mon	12:47	7.0	12:53	7.0	6:55	0.1	7:12	-0.2	7:10	5:04	
27	Tue	1:19	7.1	1:32	6.8	7:33	0.1	7:49	-0.1	7:10	5:05	
28	Wed	1:57	7.2	2:16	6.7	8:17	0.2	8:32	0.1	7:09	5:07	
29	Thu	2:40	7.3	3:05	6.5	9:06	0.2	9:20	0.3	7:08	5:08	
30	Fri	3:28	7.3	3:59	6.2	10:00	0.3	10:13	0.4	7:07	5:09	
31	Sat	4:22	7.3	4:58	6.1	11:02	0.3	11:11	0.5	7:06	5:10	