

City Island, NY - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:06	7.7	10:20	8.7	4:15	-0.5	4:23	0.2	5:25	8:20	
2	Tue	10:55	7.7	11:04	8.6	5:06	-0.6	5:12	0.3	5:25	8:20	
3	Wed	11:41	7.7	11:47	8.5	5:53	-0.5	5:58	0.4	5:24	8:21	
4	Thu			12:26	7.7	6:38	-0.4	6:41	0.6	5:24	8:22	
5	Fri	12:28	8.2	1:09	7.5	7:21	-0.2	7:18	0.8	5:24	8:22	
6	Sat	1:06	7.9	1:50	7.4	8:00	0.1	7:47	0.9	5:23	8:23	
7	Sun	1:41	7.7	2:29	7.2	8:34	0.4	8:10	1.1	5:23	8:24	
8	Mon	2:15	7.4	3:06	7.1	8:59	0.7	8:43	1.2	5:23	8:24	
9	Tue	2:52	7.2	3:43	7.1	9:18	0.8	9:26	1.3	5:23	8:25	
10	Wed	3:33	6.9	4:21	7.1	9:53	1.0	10:17	1.3	5:23	8:25	
11	Thu	4:19	6.7	5:01	7.1	10:35	1.0	11:11	1.3	5:22	8:26	
12	Fri	5:09	6.5	5:44	7.2	11:22	1.1			5:22	8:26	
13	Sat	6:02	6.4	6:30	7.3	12:07	1.3	12:10	1.2	5:22	8:27	
14	Sun	7:02	6.4	7:21	7.5	1:08	1.1	1:02	1.2	5:22	8:27	
15	Mon	8:08	6.5	8:13	7.8	2:16	0.9	1:57	1.2	5:22	8:28	
16	Tue	9:06	6.7	9:03	8.1	3:17	0.6	2:53	1.0	5:22	8:28	
17	Wed	9:53	7.0	9:51	8.4	4:09	0.3	3:47	0.9	5:22	8:29	
18	Thu	10:39	7.2	10:40	8.7	4:59	0.0	4:40	0.6	5:22	8:29	
19	Fri	11:27	7.5	11:31	8.9	5:50	-0.3	5:35	0.4	5:23	8:29	
20	Sat			12:17	7.7	6:39	-0.4	6:30	0.2	5:23	8:29	
21	Sun	12:25	9.0	1:11	7.8	7:28	-0.5	7:26	0.1	5:23	8:30	
22	Mon	1:20	8.9	2:05	8.0	8:18	-0.5	8:25	0.1	5:23	8:30	
23	Tue	2:17	8.7	3:04	8.1	9:11	-0.4	9:33	0.2	5:23	8:30	
24	Wed	3:18	8.3	4:06	8.3	10:08	-0.2	10:47	0.2	5:24	8:30	
25	Thu	4:25	7.9	5:09	8.3	11:09	-0.1	11:57	0.2	5:24	8:30	
26	Fri	5:35	7.6	6:12	8.3			12:09	0.2	5:24	8:30	
27	Sat	6:45	7.3	7:16	8.3	1:02	0.2	1:11	0.4	5:25	8:30	
28	Sun	7:54	7.2	8:18	8.3	2:04	0.1	2:13	0.5	5:25	8:30	
29	Mon	8:56	7.2	9:14	8.3	3:03	-0.1	3:11	0.6	5:26	8:30	
30	Tue	9:50	7.4	10:05	8.3	3:57	-0.2	4:05	0.6	5:26	8:30	