US HARBORS www.USHarbors.com

City Island, NY - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:48	8.4	11:22	7.7	5:00	-0.6	5:34	-1.1	7:19	4:37	
2	Fri	11:34	8.2			5:47	-0.5	6:18	-1.0	7:19	4:38	
3	Sat	12:07	7.6	12:16	7.9	6:31	-0.3	7:00	-0.7	7:19	4:39	
4	Sun	12:50	7.5	12:56	7.6	7:12	-0.1	7:37	-0.4	7:19	4:40	
5	Mon	1:30	7.3	1:34	7.2	7:51	0.2	8:08	0.0	7:19	4:41	
6	Tue	2:09	7.1	2:11	6.9	8:27	0.4	8:15	0.2	7:19	4:41	
7	Wed	2:45	6.9	2:52	6.5	8:59	0.6	8:45	0.4	7:19	4:42	
8	Thu	3:21	6.8	3:38	6.2	9:46	0.8	9:28	0.6	7:19	4:43	
9	Fri	4:01	6.7	4:32	6.0	11:04	0.8	10:17	0.7	7:19	4:44	
10	Sat	4:48	6.6	5:49	5.9			12:13	0.8	7:19	4:45	
11	Sun	5:46	6.6	7:05	5.9			1:13	0.7	7:18	4:46	
12	Mon	7:05	6.7	8:00	6.1	12:09	0.8	2:06	0.4	7:18	4:47	
13	Tue	7:55	6.9	8:43	6.4	1:15	0.7	2:53	0.1	7:18	4:49	
14	Wed	8:30	7.3	9:18	6.7	2:14	0.4	3:35	-0.2	7:18	4:50	
15	Thu	9:05	7.7	9:48	7.0	3:03	0.1	4:14	-0.5	7:17	4:51	
16	Fri	9:44	8.0	10:22	7.4	3:48	-0.2	4:49	-0.8	7:17	4:52	
17	Sat	10:26	8.3	11:02	7.7	4:33	-0.5	5:24	-1.0	7:16	4:53	
18	Sun	11:12	8.5	11:46	8.0	5:20	-0.7	6:01	-1.2	7:16	4:54	
19	Mon			12:00	8.4	6:07	-0.9	6:41	-1.2	7:15	4:55	
20	Tue	12:33	8.1	12:50	8.3	6:56	-0.9	7:24	-1.1	7:15	4:56	
21	Wed	1:22	8.2	1:42	7.9	7:50	-0.7	8:13	-0.9	7:14	4:58	
22	Thu	2:15	8.1	2:39	7.5	8:54	-0.5	9:11	-0.6	7:14	4:59	
23	Fri	3:15	8.0	3:45	7.1	10:19	-0.3	10:25	-0.3	7:13	5:00	
24	Sat	4:23	7.7	5:07	6.7	11:40	-0.2	11:52	-0.1	7:12	5:01	
25	Sun	5:47	7.6	6:36	6.6			12:50	-0.3	7:11	5:02	
26	Mon	7:06	7.6	7:46	6.8	1:06	-0.1	1:53	-0.5	7:11	5:04	
27	Tue	8:10	7.8	8:44	7.1	2:10	-0.2	2:50	-0.8	7:10	5:05	
28	Wed	9:05	7.9	9:35	7.4	3:06	-0.4	3:42	-1.0	7:09	5:06	
29	Thu	9:54	8.0	10:23	7.5	3:58	-0.6	4:30	-1.1	7:08	5:07	
30	Fri	10:39	8.0	11:07	7.6	4:46	-0.7	5:15	-1.0	7:07	5:09	
31	Sat	11:21	7.9	11:47	7.6	5:31	-0.6	5:57	-0.9	7:06	5:10	