

City Island, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:39	8.5	2:15	8.3	8:15	-0.3	8:33	0.2	5:27	8:30	
2	Fri	2:28	8.4	3:03	8.4	9:00	-0.2	9:26	0.2	5:27	8:30	
3	Sat	3:21	8.2	3:56	8.5	9:50	-0.1	10:27	0.2	5:28	8:30	
4	Sun	4:18	7.9	4:53	8.5	10:45	0.1	11:39	0.3	5:28	8:30	
5	Mon	5:20	7.6	5:55	8.5	11:46	0.2			5:29	8:29	
6	Tue	6:32	7.4	7:07	8.5	1:10	0.3	1:01	0.4	5:30	8:29	
7	Wed	8:02	7.4	8:27	8.6	2:27	0.1	2:32	0.4	5:30	8:29	
8	Thu	9:15	7.6	9:33	8.8	3:30	-0.2	3:40	0.2	5:31	8:28	
9	Fri	10:14	7.9	10:29	8.9	4:27	-0.5	4:39	0.0	5:32	8:28	
10	Sat	11:08	8.1	11:22	8.9	5:20	-0.7	5:34	-0.1	5:32	8:28	
11	Sun	11:59	8.3			6:11	-0.8	6:25	-0.2	5:33	8:27	
12	Mon	12:12	8.8	12:47	8.3	6:58	-0.7	7:14	-0.1	5:34	8:27	
13	Tue	12:59	8.6	1:34	8.2	7:42	-0.5	8:00	0.1	5:35	8:26	
14	Wed	1:45	8.3	2:18	8.1	8:24	-0.2	8:45	0.3	5:35	8:26	
15	Thu	2:28	8.0	3:00	8.0	9:03	0.1	9:31	0.6	5:36	8:25	
16	Fri	3:12	7.6	3:42	7.8	9:38	0.5	10:19	0.8	5:37	8:24	
17	Sat	3:58	7.2	4:23	7.6	9:52	0.8	11:10	1.0	5:38	8:24	
18	Sun	4:47	6.9	5:04	7.4	10:19	1.1			5:39	8:23	
19	Mon	5:42	6.7	5:48	7.3	12:03	1.1	11:03 AM	1.2	5:39	8:22	
20	Tue	6:45	6.5	6:47	7.2	12:59	1.2	11:53 AM	1.4	5:40	8:22	
21	Wed	7:51	6.5	7:59	7.2	1:57	1.1	12:49	1.4	5:41	8:21	
22	Thu	8:48	6.6	8:53	7.3	2:51	1.0	2:02	1.4	5:42	8:20	
23	Fri	9:36	6.8	9:33	7.5	3:39	0.8	3:15	1.2	5:43	8:19	
24	Sat	10:16	7.1	10:01	7.8	4:23	0.5	3:59	1.0	5:44	8:18	
25	Sun	10:49	7.4	10:31	8.1	5:03	0.2	4:38	0.7	5:45	8:18	
26	Mon	11:15	7.7	11:09	8.4	5:38	0.0	5:19	0.4	5:46	8:17	
27	Tue	11:47	8.0	11:51	8.6	6:09	-0.2	6:02	0.1	5:47	8:16	
28	Wed			12:26	8.3	6:40	-0.4	6:47	-0.1	5:47	8:15	
29	Thu	12:36	8.7	1:09	8.6	7:16	-0.5	7:33	-0.2	5:48	8:14	
30	Fri	1:24	8.7	1:55	8.8	7:57	-0.5	8:22	-0.2	5:49	8:13	
31	Sat	2:14	8.5	2:44	8.9	8:41	-0.4	9:16	-0.1	5:50	8:12	