

City Island, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:07	8.2	3:37	8.8	9:31	-0.1	10:23	0.1	5:51	8:11	
2	Mon	4:05	7.9	4:37	8.6	10:30	0.1	11:48	0.2	5:52	8:09	
3	Tue	5:12	7.5	5:44	8.4	11:41	0.4			5:53	8:08	
4	Wed	6:36	7.3	7:09	8.3	1:08	0.3	1:16	0.5	5:54	8:07	
5	Thu	8:04	7.3	8:29	8.3	2:17	0.1	2:31	0.5	5:55	8:06	
6	Fri	9:10	7.6	9:31	8.5	3:18	-0.1	3:34	0.3	5:56	8:05	
7	Sat	10:06	7.9	10:25	8.6	4:13	-0.3	4:30	0.1	5:57	8:04	
8	Sun	10:56	8.2	11:14	8.7	5:04	-0.5	5:22	-0.1	5:58	8:02	
9	Mon	11:43	8.3	11:59	8.6	5:52	-0.5	6:10	-0.1	5:59	8:01	
10	Tue			12:27	8.4	6:36	-0.5	6:55	-0.1	6:00	8:00	
11	Wed	12:42	8.4	1:08	8.3	7:17	-0.2	7:37	0.1	6:01	7:58	
12	Thu	1:22	8.2	1:44	8.2	7:52	0.1	8:15	0.3	6:02	7:57	
13	Fri	1:58	7.9	2:15	8.0	8:17	0.4	8:47	0.5	6:03	7:56	
14	Sat	2:31	7.6	2:40	7.9	8:21	0.6	9:03	0.7	6:04	7:54	
15	Sun	3:02	7.3	3:08	7.7	8:48	0.8	9:29	0.9	6:05	7:53	
16	Mon	3:38	7.0	3:45	7.5	9:27	1.0	10:11	1.1	6:06	7:52	
17	Tue	4:21	6.8	4:29	7.3	10:14	1.2	11:03	1.2	6:07	7:50	
18	Wed	5:11	6.6	5:18	7.2	11:05	1.3			6:08	7:49	
19	Thu	6:10	6.5	6:13	7.1	12:03	1.3	12:01	1.4	6:09	7:47	
20	Fri	7:43	6.6	7:18	7.2	1:53	1.2	1:02	1.4	6:10	7:46	
21	Sat	8:48	6.8	8:27	7.5	2:54	1.0	2:11	1.2	6:11	7:44	
22	Sun	9:31	7.2	9:20	7.9	3:41	0.6	3:17	0.9	6:12	7:43	
23	Mon	10:05	7.7	10:03	8.3	4:22	0.3	4:10	0.5	6:13	7:41	
24	Tue	10:39	8.2	10:47	8.7	4:59	-0.1	4:58	0.1	6:14	7:40	
25	Wed	11:18	8.6	11:32	8.9	5:35	-0.3	5:45	-0.3	6:15	7:38	
26	Thu			12:00	9.0	6:13	-0.5	6:33	-0.5	6:16	7:37	
27	Fri	12:19	8.9	12:46	9.3	6:53	-0.6	7:21	-0.6	6:17	7:35	
28	Sat	1:08	8.8	1:34	9.3	7:36	-0.6	8:12	-0.5	6:18	7:34	
29	Sun	1:59	8.6	2:25	9.2	8:23	-0.4	9:10	-0.3	6:19	7:32	
30	Mon	2:54	8.2	3:20	8.9	9:16	0.0	10:27	0.0	6:20	7:30	
31	Tue	3:58	7.8	4:25	8.6	10:25	0.3	11:46	0.2	6:21	7:29	