

City Island, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:13	7.9	7:39	7.6	1:09	0.3	1:39	0.3	6:26	4:51	
2	Tue	8:04	8.1	8:29	7.7	2:01	0.3	2:31	0.1	6:27	4:50	
3	Wed	8:50	8.3	9:14	7.7	2:48	0.3	3:18	-0.1	6:28	4:49	
4	Thu	9:31	8.4	9:56	7.8	3:32	0.3	4:02	-0.2	6:29	4:47	
5	Fri	10:08	8.3	10:35	7.7	4:12	0.4	4:43	-0.2	6:30	4:46	
6	Sat	10:41	8.2	11:10	7.6	4:47	0.5	5:21	-0.1	6:32	4:45	
7	Sun	11:02	8.1	11:39	7.4	5:11	0.6	5:52	0.0	6:33	4:44	
8	Mon	11:14	8.0	11:55	7.3	5:15	0.7	6:07	0.2	6:34	4:43	
9	Tue	11:40	7.9			5:40	0.7	6:18	0.2	6:35	4:42	
10	Wed	12:18	7.3	12:16	7.9	6:16	0.7	6:49	0.3	6:36	4:41	
11	Thu	12:52	7.2	12:57	7.8	6:57	0.7	7:29	0.3	6:38	4:40	
12	Fri	1:33	7.2	1:42	7.8	7:42	0.8	8:15	0.4	6:39	4:39	
13	Sat	2:20	7.2	2:33	7.7	8:32	0.9	9:06	0.4	6:40	4:38	
14	Sun	3:12	7.3	3:28	7.6	9:28	0.9	10:02	0.4	6:41	4:37	
15	Mon	4:08	7.5	4:27	7.5	10:29	0.8	11:00	0.4	6:42	4:37	
16	Tue	5:07	7.7	5:30	7.5	11:36	0.5			6:43	4:36	
17	Wed	6:10	8.1	6:40	7.6	12:02	0.2	12:54	0.2	6:45	4:35	
18	Thu	7:15	8.6	7:50	7.9	1:08	0.0	2:11	-0.3	6:46	4:34	
19	Fri	8:14	9.1	8:49	8.2	2:12	-0.3	3:13	-0.7	6:47	4:33	
20	Sat	9:07	9.5	9:44	8.4	3:10	-0.5	4:09	-1.1	6:48	4:33	
21	Sun	9:59	9.6	10:38	8.5	4:07	-0.7	5:04	-1.2	6:49	4:32	
22	Mon	10:52	9.6	11:34	8.4	5:03	-0.7	5:57	-1.2	6:50	4:32	
23	Tue	11:46	9.3			5:59	-0.6	6:49	-1.1	6:52	4:31	
24	Wed	12:31	8.2	12:42	8.9	6:56	-0.4	7:44	-0.8	6:53	4:30	
25	Thu	1:30	8.0	1:43	8.4	7:58	-0.1	8:43	-0.5	6:54	4:30	
26	Fri	2:34	7.8	2:51	7.9	9:06	0.2	9:43	-0.1	6:55	4:29	
27	Sat	3:39	7.6	4:00	7.4	10:12	0.4	10:42	0.1	6:56	4:29	
28	Sun	4:41	7.5	5:05	7.1	11:14	0.5	11:39	0.3	6:57	4:29	
29	Mon	5:41	7.5	6:07	7.0			12:13	0.4	6:58	4:28	
30	Tue	6:38	7.5	7:06	6.9	12:33	0.4	1:09	0.3	6:59	4:28	