US HARBORS www.USHarbors.com

City Island, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:47	7.3	3:06	7.1	9:07	0.3	9:31	-0.1	7:19	4:37	
2	Mon	3:38	7.5	4:01	7.0	10:04	0.2	10:25	0.0	7:19	4:38	
3	Tue	4:33	7.6	5:01	6.9	11:06	0.1	11:23	0.0	7:19	4:39	
4	Wed	5:33	7.8	6:08	6.9			12:17	0.0	7:19	4:40	
5	Thu	6:38	8.0	7:22	7.0	12:27	-0.1	1:49	-0.4	7:19	4:41	
6	Fri	7:46	8.4	8:32	7.4	1:38	-0.3	3:00	-0.8	7:19	4:42	
7	Sat	8:49	8.7	9:32	7.7	2:51	-0.5	3:58	-1.2	7:19	4:43	
8	Sun	9:46	9.0	10:28	8.0	3:58	-0.8	4:53	-1.5	7:19	4:44	
9	Mon	10:43	9.0	11:24	8.2	4:58	-1.0	5:45	-1.6	7:19	4:45	
10	Tue	11:39	8.9			5:55	-1.1	6:35	-1.6	7:19	4:46	
11	Wed	12:19	8.2	12:34	8.6	6:50	-1.0	7:25	-1.4	7:18	4:47	
12	Thu	1:14	8.1	1:30	8.2	7:47	-0.8	8:17	-1.1	7:18	4:48	
13	Fri	2:11	8.0	2:30	7.7	8:47	-0.6	9:13	-0.7	7:18	4:49	
14	Sat	3:10	7.7	3:33	7.3	9:49	-0.3	10:10	-0.3	7:17	4:50	
15	Sun	4:09	7.5	4:36	6.9	10:50	-0.1	11:08	0.0	7:17	4:51	
16	Mon	5:09	7.3	5:39	6.6	11:49	0.0			7:17	4:52	
17	Tue	6:09	7.1	6:40	6.5	12:05	0.2	12:47	0.0	7:16	4:54	
18	Wed	7:07	7.1	7:38	6.5	1:02	0.4	1:42	0.0	7:16	4:55	
19	Thu	8:01	7.2	8:29	6.7	1:55	0.4	2:33	-0.2	7:15	4:56	
20	Fri	8:49	7.3	9:16	6.8	2:44	0.3	3:20	-0.3	7:14	4:57	
21	Sat	9:32	7.4	9:58	6.9	3:30	0.2	4:04	-0.4	7:14	4:58	
22	Sun	10:12	7.4	10:37	7.0	4:11	0.1	4:44	-0.4	7:13	4:59	
23	Mon	10:45	7.4	11:11	7.1	4:47	0.0	5:20	-0.5	7:13	5:01	
24	Tue	11:04	7.4	11:33	7.1	5:13	0.0	5:47	-0.4	7:12	5:02	
25	Wed	11:16	7.4	11:46	7.2	5:25	-0.1	5:56	-0.5	7:11	5:03	
26	Thu	11:45	7.5			5:51	-0.2	6:16	-0.5	7:10	5:04	
27	Fri	12:13	7.3	12:23	7.6	6:27	-0.3	6:49	-0.6	7:09	5:05	
28	Sat	12:50	7.5	1:05	7.5	7:07	-0.3	7:28	-0.5	7:09	5:07	
29	Sun	1:31	7.6	1:51	7.4	7:52	-0.3	8:13	-0.5	7:08	5:08	
30	Mon	2:18	7.7	2:41	7.2	8:42	-0.2	9:02	-0.3	7:07	5:09	
31	Tue	3:09	7.7	3:36	7.0	9:38	-0.1	9:56	-0.2	7:06	5:10	