

































City Island, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:45	8.9	11:28	7.9	4:49	-0.7	5:51	-1.3	7:19	4:38	
2	Sat	11:39	8.8			5:46	-0.8	6:39	-1.3	7:19	4:38	
3	Sun	12:21	8.1	12:34	8.6	6:43	-0.8	7:28	-1.2	7:19	4:39	
4	Mon	1:16	8.1	1:31	8.2	7:43	-0.7	8:21	-1.0	7:19	4:40	
5	Tue	2:14	8.1	2:33	7.7	8:52	-0.5	9:20	-0.7	7:19	4:41	
6	Wed	3:16	8.0	3:42	7.2	10:02	-0.4	10:22	-0.4	7:19	4:42	
7	Thu	4:20	7.8	4:53	6.8	11:09	-0.2	11:25	-0.1	7:19	4:43	
8	Fri	5:26	7.7	6:03	6.6			12:13	-0.2	7:19	4:44	
9	Sat	6:31	7.5	7:10	6.6	12:28	0.1	1:15	-0.2	7:19	4:45	
10	Sun	7:33	7.5	8:08	6.6	1:29	0.2	2:11	-0.3	7:18	4:46	
11	Mon	8:28	7.6	9:00	6.8	2:25	0.2	3:04	-0.4	7:18	4:47	
12	Tue	9:16	7.6	9:46	6.9	3:16	0.1	3:52	-0.5	7:18	4:48	
13	Wed	10:01	7.6	10:29	7.0	4:04	0.0	4:37	-0.5	7:18	4:49	
14	Thu	10:42	7.6	11:10	7.0	4:47	0.0	5:18	-0.5	7:17	4:50	
15	Fri	11:18	7.5	11:46	7.0	5:26	0.0	5:53	-0.4	7:17	4:52	
16	Sat	11:48	7.3			5:58	0.1	6:21	-0.2	7:16	4:53	
17	Sun	12:14	7.0	12:08	7.2	6:17	0.2	6:29	-0.2	7:16	4:54	
18	Mon	12:32	7.0	12:30	7.1	6:31	0.2	6:44	-0.2	7:15	4:55	
19	Tue	12:52	7.0	1:01	6.9	7:01	0.2	7:15	-0.1	7:15	4:56	
20	Wed	1:23	7.1	1:40	6.8	7:39	0.2	7:53	0.0	7:14	4:57	
21	Thu	2:01	7.1	2:23	6.6	8:23	0.3	8:37	0.1	7:14	4:58	
22	Fri	2:45	7.2	3:12	6.4	9:12	0.3	9:25	0.3	7:13	5:00	
23	Sat	3:33	7.2	4:05	6.2	10:06	0.4	10:18	0.4	7:12	5:01	
24	Sun	4:26	7.2	5:04	6.1	11:07	0.4	11:15	0.4	7:12	5:02	
25	Mon	5:25	7.2	6:12	6.1			12:22	0.3	7:11	5:03	
26	Tue	6:32	7.4	7:29	6.4	12:19	0.4	1:59	0.0	7:10	5:04	
27	Wed	7:43	7.8	8:37	6.9	1:31	0.1	3:04	-0.5	7:09	5:06	
28	Thu	8:48	8.2	9:32	7.4	2:44	-0.3	3:58	-1.0	7:08	5:07	
29	Fri	9:45	8.6	10:25	7.9	3:50	-0.7	4:48	-1.3	7:07	5:08	
30	Sat	10:40	8.8	11:16	8.3	4:50	-1.1	5:35	-1.6	7:07	5:09	
31	Sun	11:33	8.7			5:45	-1.3	6:21	-1.6	7:06	5:11	