

































City Island, NY - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:26	8.3	9:14	7.0	2:12	0.1	3:42	-0.7	7:19	4:38	
2	Mon	9:20	8.6	10:08	7.4	3:18	-0.2	4:36	-1.0	7:19	4:39	
3	Tue	10:14	8.8	11:02	7.6	4:18	-0.5	5:24	-1.2	7:19	4:40	
4	Wed	11:14	8.8	11:56	7.8	5:18	-0.7	6:18	-1.3	7:19	4:41	
5	Thu			12:08	8.7	6:18	-0.8	7:06	-1.3	7:19	4:42	
6	Fri	12:50	8.0	1:08	8.3	7:18	-0.8	7:54	-1.1	7:19	4:43	
7	Sat	1:50	8.0	2:08	7.9	8:18	-0.6	8:48	-0.9	7:19	4:43	
8	Sun	2:50	7.9	3:08	7.4	9:24	-0.4	9:48	-0.5	7:19	4:44	
9	Mon	3:50	7.8	4:14	6.9	10:30	-0.2	10:48	-0.2	7:18	4:46	
10	Tue	4:50	7.6	5:20	6.6	11:36	-0.1	11:48	0.1	7:18	4:47	
11	Wed	5:50	7.4	6:26	6.4			12:36	-0.1	7:18	4:48	
12	Thu	6:50	7.3	7:32	6.4	12:48	0.3	1:30	-0.1	7:18	4:49	
13	Fri	7:50	7.3	8:26	6.5	1:48	0.4	2:30	-0.2	7:17	4:50	
14	Sat	8:38	7.3	9:14	6.6	2:36	0.4	3:18	-0.2	7:17	4:51	
15	Sun	9:26	7.4	9:56	6.7	3:30	0.3	4:06	-0.3	7:16	4:52	
16	Mon	10:08	7.4	10:38	6.8	4:12	0.2	4:48	-0.3	7:16	4:53	
17	Tue	10:50	7.4	11:14	6.8	4:54	0.2	5:24	-0.3	7:16	4:54	
18	Wed	11:20	7.3	11:50	6.9	5:24	0.2	5:54	-0.2	7:15	4:55	
19	Thu	11:44	7.2			5:54	0.2	6:12	-0.2	7:14	4:57	
20	Fri	12:08	6.9	12:02	7.1	6:06	0.2	6:24	-0.2	7:14	4:58	
21	Sat	12:26	7.0	12:32	7.1	6:36	0.2	6:48	-0.2	7:13	4:59	
22	Sun	12:56	7.1	1:08	7.0	7:06	0.1	7:24	-0.2	7:13	5:00	
23	Mon	1:32	7.2	1:50	6.9	7:48	0.1	8:06	-0.1	7:12	5:01	
24	Tue	2:08	7.3	2:32	6.7	8:36	0.2	8:48	0.1	7:11	5:03	
25	Wed	2:56	7.3	3:26	6.5	9:24	0.2	9:36	0.2	7:10	5:04	
26	Thu	3:44	7.3	4:20	6.2	10:24	0.3	10:36	0.4	7:10	5:05	
27	Fri	4:44	7.3	5:26	6.1	11:30	0.3	11:36	0.4	7:09	5:06	
28	Sat	5:44	7.4	6:38	6.2			1:06	0.1	7:08	5:08	
29	Sun	7:02	7.6	8:02	6.5	12:42	0.3	2:30	-0.2	7:07	5:09	
30	Mon	8:14	8.0	9:08	7.0	2:06	0.0	3:30	-0.7	7:06	5:10	
31	Tue	9:20	8.4	10:02	7.5	3:18	-0.4	4:24	-1.1	7:05	5:11	