

Cold Spring Harbor, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:50	7.0	5:20	6.1	11:31	0.7	11:34	0.9	7:18	4:36	
2	Fri	5:45	7.2	6:21	6.1			12:30	0.5	7:18	4:37	
3	Sat	6:42	7.4	7:23	6.2	12:30	0.9	1:30	0.2	7:18	4:38	
4	Sun	7:40	7.6	8:23	6.4	1:29	0.7	2:28	-0.1	7:18	4:39	
5	Mon	8:37	8.0	9:19	6.8	2:27	0.5	3:22	-0.5	7:18	4:40	
6	Tue	9:32	8.3	10:12	7.2	3:24	0.1	4:13	-0.9	7:18	4:41	
7	Wed	10:24	8.6	11:02	7.6	4:18	-0.2	5:01	-1.2	7:18	4:41	
8	Thu	11:16	8.7	11:53	8.0	5:11	-0.6	5:49	-1.4	7:18	4:42	
9	Fri			12:08	8.7	6:04	-0.8	6:37	-1.5	7:18	4:43	
10	Sat	12:43	8.2	1:00	8.5	6:58	-0.9	7:26	-1.4	7:17	4:45	
11	Sun	1:35	8.4	1:53	8.2	7:53	-0.9	8:16	-1.2	7:17	4:46	
12	Mon	2:27	8.4	2:48	7.8	8:49	-0.8	9:09	-0.9	7:17	4:47	
13	Tue	3:21	8.2	3:47	7.3	9:50	-0.5	10:05	-0.4	7:17	4:48	
14	Wed	4:19	8.0	4:51	6.8	10:54	-0.3	11:07	0.0	7:16	4:49	
15	Thu	5:21	7.7	6:01	6.5	11:59	-0.1			7:16	4:50	
16	Fri	6:26	7.4	7:10	6.3	12:10	0.3	1:03	0.0	7:15	4:51	
17	Sat	7:30	7.3	8:14	6.2	1:13	0.6	2:04	0.0	7:15	4:52	
18	Sun	8:29	7.2	9:10	6.3	2:14	0.7	3:01	0.0	7:14	4:53	
19	Mon	9:21	7.2	9:59	6.3	3:10	0.7	3:51	-0.1	7:14	4:54	
20	Tue	10:06	7.2	10:41	6.4	3:58	0.7	4:35	-0.1	7:13	4:56	
21	Wed	10:44	7.2	11:17	6.5	4:41	0.6	5:13	-0.1	7:13	4:57	
22	Thu	11:17	7.2	11:48	6.6	5:18	0.6	5:47	-0.1	7:12	4:58	
23	Fri	11:46	7.2			5:52	0.5	6:17	-0.1	7:11	4:59	
24	Sat	12:15	6.8	12:17	7.2	6:25	0.4	6:45	-0.1	7:11	5:00	
25	Sun	12:43	7.0	12:51	7.1	6:58	0.4	7:14	0.0	7:10	5:02	
26	Mon	1:16	7.1	1:29	7.0	7:33	0.3	7:47	0.1	7:09	5:03	
27	Tue	1:52	7.3	2:10	6.9	8:12	0.3	8:23	0.2	7:08	5:04	
28	Wed	2:33	7.3	2:54	6.6	8:56	0.3	9:05	0.4	7:07	5:05	
29	Thu	3:18	7.3	3:44	6.4	9:47	0.4	9:53	0.6	7:07	5:07	
30	Fri	4:08	7.3	4:39	6.1	10:44	0.5	10:49	0.8	7:06	5:08	
31	Sat	5:05	7.3	5:41	6.0	11:48	0.4	11:52	0.8	7:05	5:09	