

Cold Spring Harbor, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:03	7.0	5:57	0.2	6:05	0.9	5:49	8:10	
2	Sun	12:07	7.7	12:37	7.1	6:33	0.3	6:42	0.9	5:50	8:09	
3	Mon	12:38	7.6	1:05	7.3	7:05	0.3	7:15	0.8	5:51	8:08	
4	Tue	1:08	7.5	1:32	7.4	7:34	0.4	7:47	0.7	5:52	8:07	
5	Wed	1:39	7.5	2:02	7.5	8:03	0.5	8:21	0.7	5:53	8:05	
6	Thu	2:15	7.4	2:37	7.6	8:33	0.6	8:58	0.7	5:54	8:04	
7	Fri	2:54	7.2	3:15	7.7	9:08	0.7	9:39	0.8	5:55	8:03	
8	Sat	3:36	7.0	3:58	7.7	9:47	0.9	10:26	0.9	5:56	8:02	
9	Sun	4:23	6.8	4:46	7.6	10:33	1.1	11:21	1.0	5:57	8:01	
10	Mon	5:16	6.5	5:40	7.5	11:26	1.3			5:58	7:59	
11	Tue	6:15	6.4	6:39	7.5	12:22	1.0	12:26	1.4	5:59	7:58	
12	Wed	7:20	6.4	7:43	7.7	1:28	0.9	1:31	1.3	6:00	7:57	
13	Thu	8:28	6.6	8:48	7.9	2:33	0.7	2:38	1.1	6:01	7:55	
14	Fri	9:33	7.0	9:50	8.3	3:34	0.3	3:42	0.7	6:02	7:54	
15	Sat	10:29	7.6	10:46	8.6	4:28	-0.1	4:41	0.2	6:03	7:53	
16	Sun	11:20	8.2	11:38	8.9	5:18	-0.5	5:34	-0.3	6:04	7:51	
17	Mon			12:08	8.7	6:04	-0.8	6:26	-0.7	6:05	7:50	
18	Tue	12:28	9.0	12:56	9.1	6:50	-1.0	7:16	-0.9	6:06	7:48	
19	Wed	1:18	8.9	1:43	9.3	7:36	-1.0	8:06	-1.0	6:07	7:47	
20	Thu	2:08	8.7	2:32	9.2	8:23	-0.8	8:58	-0.8	6:08	7:45	
21	Fri	2:58	8.4	3:22	9.0	9:12	-0.5	9:52	-0.5	6:09	7:44	
22	Sat	3:51	7.9	4:15	8.6	10:05	0.0	10:51	-0.1	6:10	7:42	
23	Sun	4:49	7.4	5:15	8.1	11:04	0.5	11:56	0.3	6:11	7:41	
24	Mon	5:57	6.9	6:23	7.7			12:10	0.9	6:12	7:39	
25	Tue	7:10	6.7	7:35	7.5	1:04	0.6	1:19	1.2	6:13	7:38	
26	Wed	8:21	6.6	8:42	7.4	2:10	0.7	2:26	1.2	6:14	7:36	
27	Thu	9:23	6.7	9:40	7.5	3:12	0.7	3:27	1.2	6:15	7:35	
28	Fri	10:16	6.9	10:29	7.5	4:05	0.6	4:20	1.0	6:16	7:33	
29	Sat	10:59	7.1	11:10	7.6	4:51	0.5	5:05	0.9	6:17	7:32	
30	Sun	11:36	7.3	11:45	7.6	5:31	0.4	5:44	0.7	6:18	7:30	
31	Mon			12:06	7.4	6:05	0.4	6:18	0.6	6:19	7:28	