

Cold Spring Harbor, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:44	7.5	11:59	7.5	5:45	-0.2	6:00	-0.2	6:27	5:45	
2	Tue			12:12	7.4	6:18	-0.2	6:29	-0.1	6:25	5:46	
3	Wed	12:25	7.6	12:41	7.3	6:49	-0.1	6:58	0.0	6:24	5:47	
4	Thu	12:55	7.6	1:13	7.1	7:21	0.0	7:29	0.2	6:22	5:48	
5	Fri	1:30	7.5	1:51	7.0	7:56	0.1	8:05	0.4	6:20	5:49	
6	Sat	2:09	7.5	2:33	6.8	8:37	0.3	8:46	0.6	6:19	5:50	
7	Sun	2:53	7.3	3:21	6.5	9:24	0.5	9:34	0.9	6:17	5:51	
8	Mon	3:43	7.1	4:14	6.3	10:19	0.7	10:31	1.0	6:16	5:53	
9	Tue	4:38	7.0	5:14	6.2	11:21	0.8	11:35	1.1	6:14	5:54	
10	Wed	5:39	6.9	6:19	6.4			12:25	0.7	6:12	5:55	
11	Thu	6:44	7.0	7:23	6.7	12:42	0.9	1:27	0.4	6:11	5:56	
12	Fri	7:47	7.3	8:22	7.2	1:46	0.6	2:23	0.1	6:09	5:57	
13	Sat	8:45	7.7	9:13	7.8	2:44	0.1	3:13	-0.3	6:08	5:58	
14	Sun	9:36	8.1	10:01	8.4	3:36	-0.5	4:00	-0.8	6:06	5:59	
15	Mon	10:25	8.5	10:47	8.9	4:25	-1.0	4:44	-1.1	6:04	6:00	
16	Tue	11:12	8.7	11:33	9.2	5:12	-1.4	5:30	-1.3	6:03	6:01	
17	Wed			12:00	8.7	6:00	-1.7	6:16	-1.4	6:01	6:02	
18	Thu	12:21	9.4	12:49	8.6	6:49	-1.7	7:04	-1.3	5:59	6:03	
19	Fri	1:11	9.3	1:41	8.4	7:40	-1.5	7:55	-1.0	5:58	6:05	
20	Sat	2:03	9.0	2:35	8.0	8:34	-1.1	8:51	-0.6	5:56	6:06	
21	Sun	2:59	8.5	3:35	7.6	9:35	-0.7	9:55	-0.1	5:54	6:07	
22	Mon	4:02	8.0	4:46	7.2	10:42	-0.3	11:07	0.2	5:53	6:08	
23	Tue	5:16	7.6	6:02	7.0	11:52	0.0			5:51	6:09	
24	Wed	6:32	7.4	7:13	7.0	12:19	0.4	12:59	0.1	5:49	6:10	
25	Thu	7:40	7.3	8:14	7.2	1:27	0.4	2:01	0.1	5:48	6:11	
26	Fri	8:39	7.4	9:07	7.4	2:27	0.3	2:55	0.1	5:46	6:12	
27	Sat	9:29	7.4	9:51	7.5	3:20	0.1	3:42	0.0	5:44	6:13	
28	Sun	10:12	7.4	10:29	7.6	4:06	0.0	4:23	0.0	5:43	6:14	
29	Mon	10:49	7.4	11:01	7.6	4:45	-0.1	4:59	0.1	5:41	6:15	
30	Tue	11:20	7.3	11:27	7.7	5:20	-0.1	5:30	0.2	5:39	6:16	
31	Wed	11:47	7.3	11:52	7.7	5:52	-0.1	5:59	0.3	5:38	6:17	