

Cold Spring Harbor, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:14	8.3	2:46	8.2	8:39	-0.4	9:04	0.1	5:25	8:29	
2	Fri	3:04	8.2	3:35	8.4	9:26	-0.3	9:58	0.0	5:26	8:29	
3	Sat	3:56	8.0	4:28	8.5	10:17	-0.2	10:58	0.0	5:27	8:29	
4	Sun	4:53	7.7	5:26	8.5	11:15	0.0			5:27	8:28	
5	Mon	5:57	7.5	6:29	8.5	12:03	0.0	12:18	0.1	5:28	8:28	
6	Tue	7:05	7.4	7:35	8.5	1:11	-0.1	1:23	0.2	5:28	8:28	
7	Wed	8:17	7.4	8:42	8.6	2:17	-0.2	2:29	0.2	5:29	8:28	
8	Thu	9:25	7.6	9:45	8.7	3:21	-0.4	3:33	0.1	5:30	8:27	
9	Fri	10:26	7.8	10:42	8.8	4:20	-0.6	4:32	-0.1	5:30	8:27	
10	Sat	11:19	7.9	11:33	8.8	5:13	-0.8	5:26	-0.1	5:31	8:26	
11	Sun			12:08	8.1	6:02	-0.8	6:16	-0.2	5:32	8:26	
12	Mon	12:20	8.7	12:54	8.1	6:48	-0.8	7:04	-0.1	5:32	8:26	
13	Tue	1:05	8.5	1:37	8.1	7:31	-0.6	7:49	0.0	5:33	8:25	
14	Wed	1:48	8.2	2:18	8.0	8:13	-0.4	8:33	0.2	5:34	8:24	
15	Thu	2:29	7.9	2:58	7.9	8:53	-0.1	9:17	0.4	5:35	8:24	
16	Fri	3:10	7.6	3:38	7.7	9:34	0.2	10:03	0.6	5:36	8:23	
17	Sat	3:53	7.3	4:21	7.6	10:17	0.5	10:54	0.8	5:36	8:23	
18	Sun	4:40	6.9	5:09	7.4	11:06	0.9	11:50	1.0	5:37	8:22	
19	Mon	5:34	6.6	6:02	7.3	11:59	1.1			5:38	8:21	
20	Tue	6:34	6.4	6:59	7.2	12:49	1.0	12:56	1.3	5:39	8:20	
21	Wed	7:39	6.3	7:58	7.2	1:48	1.0	1:53	1.4	5:40	8:20	
22	Thu	8:42	6.4	8:53	7.4	2:44	0.9	2:48	1.3	5:41	8:19	
23	Fri	9:36	6.6	9:42	7.5	3:36	0.7	3:40	1.2	5:42	8:18	
24	Sat	10:20	6.8	10:25	7.8	4:22	0.5	4:26	1.0	5:42	8:17	
25	Sun	10:59	7.2	11:04	8.0	5:03	0.2	5:08	0.7	5:43	8:16	
26	Mon	11:35	7.5	11:44	8.3	5:40	0.0	5:48	0.4	5:44	8:15	
27	Tue			12:13	7.9	6:16	-0.3	6:29	0.1	5:45	8:14	
28	Wed	12:26	8.4	12:54	8.3	6:54	-0.5	7:12	-0.2	5:46	8:13	
29	Thu	1:10	8.6	1:37	8.6	7:34	-0.6	7:57	-0.4	5:47	8:12	
30	Fri	1:56	8.6	2:24	8.8	8:17	-0.6	8:46	-0.4	5:48	8:11	
31	Sat	2:45	8.4	3:13	8.9	9:04	-0.6	9:39	-0.4	5:49	8:10	