

Cold Spring Harbor, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:37	8.2	4:06	8.8	9:56	-0.4	10:38	-0.3	5:50	8:09	
2	Mon	4:34	7.9	5:05	8.7	10:54	-0.1	11:44	-0.1	5:51	8:08	
3	Tue	5:39	7.6	6:10	8.5			12:00	0.2	5:52	8:07	
4	Wed	6:51	7.4	7:22	8.3	12:54	0.0	1:09	0.3	5:53	8:06	
5	Thu	8:07	7.3	8:34	8.3	2:03	0.0	2:19	0.3	5:54	8:05	
6	Fri	9:17	7.5	9:39	8.4	3:08	-0.2	3:25	0.2	5:55	8:04	
7	Sat	10:17	7.7	10:35	8.5	4:08	-0.3	4:25	0.1	5:56	8:02	
8	Sun	11:08	7.9	11:24	8.5	5:00	-0.5	5:17	0.0	5:57	8:01	
9	Mon	11:54	8.0			5:47	-0.5	6:04	-0.1	5:58	8:00	
10	Tue	12:08	8.4	12:36	8.1	6:30	-0.4	6:47	0.0	5:59	7:59	
11	Wed	12:48	8.2	1:13	8.1	7:09	-0.3	7:27	0.1	6:00	7:57	
12	Thu	1:25	8.0	1:46	8.0	7:45	-0.1	8:05	0.2	6:01	7:56	
13	Fri	1:59	7.8	2:19	7.9	8:19	0.2	8:42	0.4	6:02	7:55	
14	Sat	2:34	7.6	2:54	7.8	8:54	0.4	9:22	0.6	6:03	7:53	
15	Sun	3:12	7.3	3:33	7.7	9:32	0.7	10:05	0.8	6:04	7:52	
16	Mon	3:55	7.0	4:18	7.5	10:15	1.0	10:56	1.0	6:05	7:50	
17	Tue	4:44	6.7	5:08	7.3	11:05	1.2	11:55	1.2	6:06	7:49	
18	Wed	5:39	6.5	6:05	7.2			12:03	1.4	6:07	7:48	
19	Thu	6:42	6.4	7:06	7.1	12:57	1.2	1:05	1.5	6:08	7:46	
20	Fri	7:49	6.4	8:08	7.2	1:58	1.1	2:07	1.4	6:09	7:45	
21	Sat	8:51	6.7	9:05	7.5	2:55	0.9	3:04	1.2	6:10	7:43	
22	Sun	9:42	7.0	9:55	7.8	3:45	0.6	3:56	0.9	6:11	7:42	
23	Mon	10:26	7.5	10:39	8.1	4:29	0.3	4:42	0.4	6:12	7:40	
24	Tue	11:06	8.0	11:22	8.4	5:09	-0.1	5:25	0.0	6:13	7:39	
25	Wed	11:47	8.5			5:48	-0.4	6:08	-0.4	6:14	7:37	
26	Thu	12:06	8.7	12:29	8.9	6:28	-0.6	6:52	-0.7	6:15	7:35	
27	Fri	12:51	8.8	1:14	9.2	7:10	-0.8	7:38	-0.9	6:16	7:34	
28	Sat	1:38	8.8	2:01	9.3	7:55	-0.8	8:28	-0.9	6:17	7:32	
29	Sun	2:27	8.6	2:51	9.3	8:43	-0.7	9:20	-0.7	6:18	7:31	
30	Mon	3:20	8.4	3:46	9.0	9:36	-0.4	10:19	-0.4	6:19	7:29	
31	Tue	4:18	8.0	4:46	8.7	10:37	0.0	11:26	-0.1	6:20	7:28	