

Cold Spring Harbor, NY - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:27	7.5	6:57	7.8	12:18	0.1	12:47	0.5	6:50	6:36	
2	Sat	7:41	7.5	8:09	7.7	1:27	0.2	1:57	0.5	6:51	6:34	
3	Sun	8:45	7.7	9:12	7.8	2:31	0.2	3:00	0.3	6:52	6:32	
4	Mon	9:41	7.9	10:05	7.8	3:28	0.2	3:56	0.2	6:53	6:31	
5	Tue	10:29	8.0	10:52	7.8	4:18	0.1	4:44	0.0	6:54	6:29	
6	Wed	11:09	8.1	11:32	7.8	5:02	0.2	5:27	0.0	6:55	6:27	
7	Thu	11:44	8.1			5:41	0.2	6:04	0.0	6:57	6:26	
8	Fri	12:06	7.7	12:13	8.0	6:14	0.4	6:38	0.0	6:58	6:24	
9	Sat	12:35	7.5	12:39	8.0	6:45	0.5	7:09	0.1	6:59	6:22	
10	Sun	1:02	7.4	1:07	8.0	7:13	0.6	7:39	0.2	7:00	6:21	
11	Mon	1:32	7.4	1:41	7.9	7:44	0.8	8:12	0.3	7:01	6:19	
12	Tue	2:07	7.3	2:19	7.8	8:19	0.9	8:50	0.5	7:02	6:18	
13	Wed	2:48	7.1	3:03	7.6	8:59	1.1	9:33	0.7	7:03	6:16	
14	Thu	3:33	7.0	3:50	7.4	9:45	1.2	10:22	0.9	7:04	6:15	
15	Fri	4:24	6.9	4:44	7.2	10:41	1.4	11:20	1.0	7:05	6:13	
16	Sat	5:21	6.8	5:43	7.1	11:45	1.4			7:06	6:12	
17	Sun	6:22	7.0	6:47	7.1	12:22	1.0	12:52	1.2	7:07	6:10	
18	Mon	7:24	7.3	7:51	7.3	1:23	0.8	1:56	0.8	7:08	6:09	
19	Tue	8:23	7.7	8:52	7.6	2:20	0.5	2:55	0.3	7:10	6:07	
20	Wed	9:17	8.3	9:47	8.0	3:13	0.2	3:49	-0.3	7:11	6:06	
21	Thu	10:07	8.8	10:38	8.4	4:04	-0.2	4:39	-0.8	7:12	6:04	
22	Fri	10:55	9.3	11:26	8.6	4:51	-0.5	5:27	-1.2	7:13	6:03	
23	Sat	11:42	9.6			5:39	-0.8	6:14	-1.5	7:14	6:01	
24	Sun	12:14	8.8	12:31	9.7	6:26	-0.9	7:03	-1.5	7:15	6:00	
25	Mon	1:04	8.8	1:21	9.6	7:16	-0.9	7:53	-1.4	7:16	5:59	
26	Tue	1:55	8.6	2:13	9.3	8:08	-0.7	8:46	-1.1	7:17	5:57	
27	Wed	2:50	8.4	3:09	8.8	9:04	-0.3	9:43	-0.7	7:19	5:56	
28	Thu	3:48	8.0	4:09	8.3	10:06	0.0	10:45	-0.3	7:20	5:55	
29	Fri	4:54	7.7	5:18	7.8	11:16	0.4	11:53	0.1	7:21	5:53	
30	Sat	6:05	7.6	6:33	7.4			12:27	0.5	7:22	5:52	
31	Sun	6:14	7.5	6:43	7.3	12:59	0.3	12:35	0.5	6:23	4:51	