

Cold Spring Harbor, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:16	7.6	7:45	7.3	1:00	0.3	1:36	0.3	6:24	4:50	
2	Tue	8:11	7.7	8:39	7.3	1:57	0.4	2:31	0.2	6:26	4:48	
3	Wed	8:59	7.8	9:27	7.3	2:47	0.4	3:19	0.0	6:27	4:47	
4	Thu	9:40	7.9	10:07	7.3	3:32	0.4	4:02	0.0	6:28	4:46	
5	Fri	10:15	7.9	10:42	7.3	4:12	0.5	4:40	-0.1	6:29	4:45	
6	Sat	10:44	7.9	11:12	7.2	4:46	0.6	5:14	0.0	6:30	4:44	
7	Sun	11:10	7.8	11:38	7.2	5:17	0.6	5:45	0.0	6:32	4:43	
8	Mon	11:39	7.8			5:46	0.7	6:15	0.1	6:33	4:42	
9	Tue	12:08	7.2	12:13	7.8	6:18	0.8	6:47	0.1	6:34	4:41	
10	Wed	12:43	7.1	12:52	7.8	6:53	0.8	7:23	0.2	6:35	4:40	
11	Thu	1:23	7.1	1:35	7.6	7:33	0.9	8:04	0.3	6:36	4:39	
12	Fri	2:07	7.1	2:22	7.5	8:19	1.0	8:50	0.4	6:37	4:38	
13	Sat	2:56	7.1	3:14	7.3	9:12	1.0	9:42	0.5	6:39	4:37	
14	Sun	3:49	7.2	4:11	7.1	10:13	1.0	10:41	0.6	6:40	4:36	
15	Mon	4:47	7.3	5:13	7.1	11:19	0.8	11:41	0.5	6:41	4:35	
16	Tue	5:48	7.6	6:18	7.2			12:24	0.4	6:42	4:34	
17	Wed	6:48	8.0	7:22	7.4	12:41	0.3	1:26	0.0	6:43	4:34	
18	Thu	7:47	8.4	8:23	7.7	1:39	0.1	2:24	-0.5	6:45	4:33	
19	Fri	8:42	8.9	9:18	8.0	2:35	-0.3	3:18	-1.0	6:46	4:32	
20	Sat	9:35	9.2	10:10	8.3	3:28	-0.6	4:10	-1.4	6:47	4:31	
21	Sun	10:25	9.4	11:00	8.4	4:20	-0.8	4:59	-1.6	6:48	4:31	
22	Mon	11:15	9.4	11:51	8.5	5:11	-0.9	5:49	-1.6	6:49	4:30	
23	Tue			12:06	9.3	6:02	-0.9	6:39	-1.5	6:50	4:30	
24	Wed	12:43	8.4	12:58	8.9	6:55	-0.7	7:30	-1.2	6:51	4:29	
25	Thu	1:36	8.2	1:52	8.5	7:50	-0.4	8:23	-0.9	6:52	4:29	
26	Fri	2:31	8.0	2:48	8.0	8:48	-0.1	9:19	-0.4	6:54	4:28	
27	Sat	3:29	7.7	3:50	7.5	9:51	0.2	10:20	-0.1	6:55	4:28	
28	Sun	4:32	7.5	4:57	7.1	10:58	0.4	11:22	0.2	6:56	4:27	
29	Mon	5:36	7.4	6:06	6.8			12:02	0.4	6:57	4:27	
30	Tue	6:37	7.4	7:09	6.7	12:21	0.4	1:02	0.4	6:58	4:27	