

Cold Spring Harbor, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:40	8.8	2:08	7.8	8:08	-1.0	8:19	-0.6	6:27	5:44	
2	Fri	2:30	8.6	3:02	7.4	9:03	-0.7	9:15	-0.2	6:26	5:45	
3	Sat	3:27	8.3	4:04	7.0	10:06	-0.4	10:21	0.2	6:24	5:46	
4	Sun	4:32	7.8	5:18	6.6	11:19	-0.1	11:36	0.4	6:23	5:48	
5	Mon	5:49	7.5	6:41	6.6			12:34	0.1	6:21	5:49	
6	Tue	7:09	7.4	7:56	6.8	12:54	0.5	1:44	0.0	6:20	5:50	
7	Wed	8:20	7.5	8:57	7.1	2:06	0.3	2:45	-0.2	6:18	5:51	
8	Thu	9:18	7.6	9:49	7.5	3:07	0.1	3:39	-0.4	6:16	5:52	
9	Fri	10:08	7.7	10:33	7.7	4:00	-0.2	4:25	-0.4	6:15	5:53	
10	Sat	10:51	7.7	11:11	7.8	4:46	-0.3	5:05	-0.4	6:13	5:54	
11	Sun	11:29	7.6	11:44	7.8	5:26	-0.4	5:41	-0.3	6:11	5:55	
12	Mon			12:02	7.5	6:03	-0.4	6:13	-0.1	6:10	5:56	
13	Tue	12:13	7.8	12:33	7.3	6:36	-0.3	6:44	0.1	6:08	5:58	
14	Wed	12:42	7.7	1:03	7.1	7:09	-0.1	7:14	0.3	6:07	5:59	
15	Thu	1:14	7.6	1:37	6.9	7:43	0.1	7:48	0.5	6:05	6:00	
16	Fri	1:50	7.5	2:16	6.6	8:21	0.3	8:26	0.8	6:03	6:01	
17	Sat	2:32	7.3	3:00	6.4	9:05	0.6	9:11	1.1	6:02	6:02	
18	Sun	3:19	7.0	3:52	6.1	9:58	0.9	10:06	1.4	6:00	6:03	
19	Mon	4:13	6.8	4:52	5.9	11:01	1.1	11:12	1.5	5:58	6:04	
20	Tue	5:15	6.6	6:00	5.9			12:08	1.1	5:57	6:05	
21	Wed	6:22	6.6	7:08	6.2	12:22	1.5	1:10	0.9	5:55	6:06	
22	Thu	7:27	6.8	8:06	6.7	1:28	1.2	2:05	0.6	5:53	6:07	
23	Fri	8:25	7.1	8:54	7.2	2:25	0.7	2:53	0.3	5:52	6:08	
24	Sat	9:14	7.5	9:36	7.9	3:15	0.2	3:35	-0.1	5:50	6:09	
25	Sun	9:59	7.9	10:17	8.4	4:00	-0.4	4:16	-0.4	5:48	6:10	
26	Mon	10:42	8.1	10:59	8.9	4:44	-0.9	4:56	-0.7	5:47	6:12	
27	Tue	11:27	8.3	11:43	9.2	5:27	-1.2	5:38	-0.8	5:45	6:13	
28	Wed			12:13	8.3	6:13	-1.4	6:23	-0.9	5:43	6:14	
29	Thu	12:30	9.3	1:01	8.2	7:00	-1.4	7:11	-0.7	5:42	6:15	
30	Fri	1:19	9.1	1:52	7.9	7:51	-1.1	8:03	-0.4	5:40	6:16	
31	Sat	2:13	8.8	2:48	7.6	8:47	-0.7	9:02	0.0	5:38	6:17	