





























Cold Spring Harbor, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:30	7.5	3:59	6.7	10:00	0.3	10:14	0.6	6:27	5:44	
2	Sun	4:25	7.4	4:59	6.6	11:02	0.3	11:17	0.6	6:25	5:46	
3	Mon	5:26	7.4	6:05	6.6			12:09	0.3	6:24	5:47	
4	Tue	6:32	7.5	7:13	6.9	12:25	0.5	1:16	0.0	6:22	5:48	
5	Wed	7:40	7.8	8:20	7.4	1:34	0.2	2:19	-0.4	6:21	5:49	
6	Thu	8:44	8.1	9:18	8.0	2:39	-0.2	3:15	-0.8	6:19	5:50	
7	Fri	9:41	8.5	10:10	8.5	3:37	-0.8	4:07	-1.2	6:17	5:51	
8	Sat	10:33	8.8	10:59	8.9	4:30	-1.2	4:55	-1.5	6:16	5:52	
9	Sun	11:23	8.9	11:47	9.1	5:21	-1.5	5:42	-1.6	6:14	5:54	
10	Mon			12:12	8.8	6:10	-1.7	6:29	-1.5	6:13	5:55	
11	Tue	12:35	9.2	1:01	8.6	6:59	-1.6	7:17	-1.3	6:11	5:56	
12	Wed	1:23	9.0	1:50	8.3	7:49	-1.3	8:06	-0.9	6:09	5:57	
13	Thu	2:12	8.7	2:41	7.8	8:41	-0.9	8:58	-0.4	6:08	5:58	
14	Fri	3:04	8.2	3:38	7.3	9:38	-0.4	9:57	0.1	6:06	5:59	
15	Sat	4:03	7.7	4:43	6.9	10:41	0.0	11:02	0.5	6:04	6:00	
16	Sun	5:10	7.3	5:55	6.6	11:48	0.3			6:03	6:01	
17	Mon	6:21	7.0	7:04	6.6	12:10	0.7	12:52	0.4	6:01	6:02	
18	Tue	7:28	7.0	8:04	6.7	1:15	0.8	1:52	0.4	5:59	6:03	
19	Wed	8:26	7.0	8:56	6.8	2:14	0.7	2:46	0.3	5:58	6:04	
20	Thu	9:15	7.1	9:40	7.1	3:06	0.5	3:32	0.2	5:56	6:05	
21	Fri	9:57	7.2	10:17	7.2	3:51	0.3	4:12	0.2	5:54	6:07	
22	Sat	10:32	7.3	10:47	7.4	4:30	0.2	4:47	0.1	5:53	6:08	
23	Sun	11:01	7.4	11:12	7.5	5:04	0.1	5:17	0.1	5:51	6:09	
24	Mon	11:28	7.4	11:38	7.7	5:35	0.0	5:45	0.1	5:49	6:10	
25	Tue	11:57	7.5			6:05	-0.1	6:14	0.1	5:48	6:11	
26	Wed	12:10	7.9	12:32	7.5	6:37	-0.2	6:45	0.1	5:46	6:12	
27	Thu	12:47	8.0	1:11	7.5	7:12	-0.2	7:22	0.2	5:44	6:13	
28	Fri	1:27	8.0	1:54	7.4	7:52	-0.2	8:04	0.3	5:43	6:14	
29	Sat	2:13	8.0	2:42	7.2	8:38	0.0	8:52	0.4	5:41	6:15	
30	Sun	3:03	7.9	3:35	7.1	9:32	0.1	9:49	0.6	5:39	6:16	
31	Mon	3:59	7.7	4:35	7.0	10:34	0.2	10:56	0.6	5:38	6:17	