






















Cold Spring Harbor, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:37	8.2	2:03	7.3	8:02	-0.5	8:11	-0.1	6:27	5:45	
2	Mon	2:24	8.2	2:53	7.1	8:52	-0.3	9:02	0.1	6:25	5:46	
3	Tue	3:17	8.0	3:50	6.8	9:51	-0.1	10:02	0.4	6:24	5:47	
4	Wed	4:16	7.7	4:56	6.6	11:00	0.1	11:14	0.6	6:22	5:48	
5	Thu	5:25	7.5	6:13	6.6			12:14	0.1	6:20	5:49	
6	Fri	6:42	7.5	7:32	6.9	12:32	0.5	1:26	0.0	6:19	5:50	
7	Sat	7:58	7.7	8:40	7.4	1:47	0.2	2:31	-0.3	6:17	5:51	
8	Sun	10:03	7.9	10:35	7.9	3:54	-0.2	4:27	-0.7	7:16	6:52	
9	Mon	10:58	8.2	11:24	8.3	4:51	-0.6	5:16	-0.9	7:14	6:54	
10	Tue	11:46	8.3			5:41	-1.0	6:01	-1.0	7:12	6:55	
11	Wed	12:08	8.5	12:31	8.2	6:27	-1.1	6:44	-0.9	7:11	6:56	
12	Thu	12:49	8.6	1:13	8.1	7:11	-1.1	7:24	-0.8	7:09	6:57	
13	Fri	1:29	8.5	1:53	7.8	7:53	-0.9	8:04	-0.5	7:08	6:58	
14	Sat	2:07	8.3	2:33	7.4	8:34	-0.6	8:43	-0.1	7:06	6:59	
15	Sun	2:46	8.0	3:13	7.1	9:17	-0.2	9:24	0.3	7:04	7:00	
16	Mon	3:28	7.6	3:57	6.6	10:03	0.2	10:11	0.8	7:03	7:01	
17	Tue	4:13	7.2	4:47	6.3	10:56	0.6	11:06	1.2	7:01	7:02	
18	Wed	5:07	6.8	5:50	6.0	11:59	0.9			6:59	7:03	
19	Thu	6:12	6.5	7:05	5.9	12:12	1.4	1:05	1.1	6:58	7:04	
20	Fri	7:26	6.4	8:16	6.0	1:22	1.5	2:08	1.0	6:56	7:06	
21	Sat	8:34	6.5	9:13	6.3	2:27	1.3	3:04	0.9	6:54	7:07	
22	Sun	9:29	6.7	9:58	6.7	3:24	1.1	3:52	0.7	6:53	7:08	
23	Mon	10:14	6.9	10:34	7.1	4:12	0.7	4:33	0.5	6:51	7:09	
24	Tue	10:51	7.2	11:05	7.5	4:52	0.4	5:07	0.3	6:49	7:10	
25	Wed	11:24	7.4	11:36	7.8	5:28	0.0	5:39	0.1	6:48	7:11	
26	Thu	11:58	7.5			6:03	-0.3	6:11	0.0	6:46	7:12	
27	Fri	12:10	8.2	12:34	7.7	6:38	-0.6	6:45	-0.2	6:44	7:13	
28	Sat	12:47	8.5	1:14	7.7	7:16	-0.7	7:23	-0.2	6:43	7:14	
29	Sun	1:29	8.6	1:58	7.7	7:57	-0.8	8:05	-0.2	6:41	7:15	
30	Mon	2:14	8.6	2:45	7.6	8:43	-0.6	8:53	0.0	6:39	7:16	
31	Tue	3:04	8.5	3:37	7.3	9:35	-0.4	9:48	0.2	6:38	7:17	