






























Cold Spring Harbor, NY - Mar 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 2:31 | 7.4 | 2:58 | 6.5 | 8:58 | 0.4 | 9:04 | 0.8 | 6:26 | 5:45 |  |
| 2 | Sat | 3:17 | 7.3 | 3:48 | 6.2 | 9:49 | 0.6 | 9:55 | 1.0 | 6:25 | 5:46 |  |
| 3 | Sun | 4:10 | 7.1 | 4:46 | 6.0 | 10:50 | 0.7 | 10:56 | 1.2 | 6:23 | 5:47 |  |
| 4 | Mon | 5:10 | 7.0 | 5:52 | 6.0 | 11:58 | 0.7 | | | 6:21 | 5:48 |  |
| 5 | Tue | 6:17 | 7.1 | 7:03 | 6.2 | 12:06 | 1.2 | 1:07 | 0.5 | 6:20 | 5:50 |  |
| 6 | Wed | 7:26 | 7.3 | 8:11 | 6.7 | 1:17 | 0.9 | 2:11 | 0.2 | 6:18 | 5:51 |  |
| 7 | Thu | 8:31 | 7.6 | 9:09 | 7.3 | 2:25 | 0.4 | 3:07 | -0.3 | 6:17 | 5:52 |  |
| 8 | Fri | 9:29 | 8.1 | 9:59 | 8.0 | 3:24 | -0.1 | 3:56 | -0.7 | 6:15 | 5:53 |  |
| 9 | Sat | 10:20 | 8.4 | 10:46 | 8.6 | 4:17 | -0.7 | 4:42 | -1.1 | 6:13 | 5:54 |  |
| 10 | Sun | | | 12:08 | 8.6 | 6:06 | -1.2 | 6:26 | -1.3 | 7:12 | 6:55 |  |
| 11 | Mon | 12:31 | 9.0 | 12:56 | 8.6 | 6:55 | -1.5 | 7:11 | -1.3 | 7:10 | 6:56 |  |
| 12 | Tue | 1:17 | 9.2 | 1:44 | 8.5 | 7:43 | -1.6 | 7:57 | -1.2 | 7:09 | 6:57 |  |
| 13 | Wed | 2:04 | 9.2 | 2:33 | 8.2 | 8:32 | -1.4 | 8:44 | -0.9 | 7:07 | 6:58 |  |
| 14 | Thu | 2:52 | 8.9 | 3:23 | 7.7 | 9:23 | -1.0 | 9:35 | -0.4 | 7:05 | 6:59 |  |
| 15 | Fri | 3:44 | 8.4 | 4:18 | 7.2 | 10:18 | -0.5 | 10:31 | 0.1 | 7:04 | 7:01 |  |
| 16 | Sat | 4:40 | 7.9 | 5:22 | 6.7 | 11:22 | 0.0 | 11:37 | 0.6 | 7:02 | 7:02 |  |
| 17 | Sun | 5:47 | 7.3 | 6:37 | 6.4 | | | 12:32 | 0.4 | 7:00 | 7:03 |  |
| 18 | Mon | 7:03 | 7.0 | 7:53 | 6.3 | 12:51 | 0.9 | 1:41 | 0.5 | 6:59 | 7:04 |  |
| 19 | Tue | 8:17 | 6.9 | 9:00 | 6.4 | 2:02 | 1.0 | 2:46 | 0.5 | 6:57 | 7:05 |  |
| 20 | Wed | 9:20 | 6.9 | 9:55 | 6.7 | 3:07 | 0.9 | 3:43 | 0.4 | 6:55 | 7:06 |  |
| 21 | Thu | 10:12 | 7.1 | 10:40 | 6.9 | 4:03 | 0.7 | 4:31 | 0.3 | 6:54 | 7:07 |  |
| 22 | Fri | 10:56 | 7.1 | 11:18 | 7.1 | 4:50 | 0.5 | 5:12 | 0.3 | 6:52 | 7:08 |  |
| 23 | Sat | 11:34 | 7.2 | 11:50 | 7.3 | 5:30 | 0.3 | 5:47 | 0.2 | 6:50 | 7:09 |  |
| 24 | Sun | | | 12:05 | 7.2 | 6:05 | 0.2 | 6:17 | 0.3 | 6:49 | 7:10 |  |
| 25 | Mon | 12:15 | 7.4 | 12:32 | 7.2 | 6:36 | 0.1 | 6:44 | 0.3 | 6:47 | 7:11 |  |
| 26 | Tue | 12:39 | 7.6 | 12:59 | 7.2 | 7:05 | 0.0 | 7:10 | 0.4 | 6:45 | 7:12 |  |
| 27 | Wed | 1:07 | 7.7 | 1:30 | 7.1 | 7:35 | 0.0 | 7:39 | 0.5 | 6:44 | 7:13 |  |
| 28 | Thu | 1:40 | 7.8 | 2:05 | 7.1 | 8:07 | 0.0 | 8:12 | 0.6 | 6:42 | 7:14 |  |
| 29 | Fri | 2:18 | 7.8 | 2:45 | 6.9 | 8:44 | 0.1 | 8:49 | 0.7 | 6:40 | 7:15 |  |
| 30 | Sat | 3:00 | 7.7 | 3:30 | 6.7 | 9:27 | 0.3 | 9:34 | 0.9 | 6:39 | 7:17 |  |
| 31 | Sun | 3:47 | 7.5 | 4:21 | 6.5 | 10:18 | 0.5 | 10:27 | 1.1 | 6:37 | 7:18 |  |