
































Cold Spring Harbor, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:26	7.2	5:00	7.5	10:50	0.5	11:29	0.8	5:26	8:29	
2	Wed	5:21	6.8	5:52	7.4	11:42	0.8			5:26	8:29	
3	Thu	6:20	6.5	6:46	7.3	12:27	0.9	12:36	1.1	5:27	8:29	
4	Fri	7:21	6.4	7:40	7.2	1:24	1.0	1:29	1.3	5:27	8:29	
5	Sat	8:21	6.3	8:33	7.2	2:20	0.9	2:23	1.4	5:28	8:28	
6	Sun	9:17	6.3	9:23	7.3	3:13	0.8	3:15	1.5	5:29	8:28	
7	Mon	10:07	6.4	10:07	7.4	4:03	0.7	4:03	1.4	5:29	8:28	
8	Tue	10:50	6.5	10:47	7.6	4:48	0.6	4:47	1.3	5:30	8:27	
9	Wed	11:27	6.6	11:23	7.7	5:28	0.4	5:26	1.2	5:31	8:27	
10	Thu			12:01	6.8	6:05	0.3	6:04	1.1	5:31	8:26	
11	Fri	12:00	7.8	12:36	7.1	6:40	0.1	6:42	0.9	5:32	8:26	
12	Sat	12:39	8.0	1:13	7.4	7:14	0.0	7:23	0.6	5:33	8:26	
13	Sun	1:21	8.0	1:54	7.7	7:51	-0.1	8:07	0.4	5:33	8:25	
14	Mon	2:06	8.0	2:37	8.0	8:30	-0.1	8:54	0.3	5:34	8:24	
15	Tue	2:53	8.0	3:23	8.3	9:13	-0.1	9:45	0.2	5:35	8:24	
16	Wed	3:44	7.8	4:13	8.4	10:01	0.0	10:41	0.1	5:36	8:23	
17	Thu	4:38	7.5	5:07	8.4	10:54	0.2	11:44	0.1	5:37	8:23	
18	Fri	5:38	7.3	6:07	8.4	11:53	0.4			5:37	8:22	
19	Sat	6:44	7.1	7:11	8.4	12:50	0.1	12:57	0.5	5:38	8:21	
20	Sun	7:54	7.0	8:18	8.4	1:57	0.1	2:03	0.6	5:39	8:20	
21	Mon	9:06	7.1	9:25	8.5	3:03	-0.1	3:11	0.5	5:40	8:20	
22	Tue	10:10	7.3	10:26	8.5	4:05	-0.3	4:14	0.4	5:41	8:19	
23	Wed	11:07	7.5	11:20	8.6	5:01	-0.4	5:11	0.2	5:42	8:18	
24	Thu	11:58	7.7			5:52	-0.5	6:04	0.1	5:43	8:17	
25	Fri	12:10	8.5	12:45	7.9	6:38	-0.5	6:53	0.1	5:44	8:16	
26	Sat	12:56	8.4	1:29	7.9	7:22	-0.4	7:39	0.1	5:45	8:15	
27	Sun	1:40	8.1	2:10	7.9	8:03	-0.3	8:23	0.3	5:45	8:14	
28	Mon	2:21	7.9	2:48	7.9	8:42	0.0	9:07	0.4	5:46	8:13	
29	Tue	3:02	7.5	3:27	7.7	9:21	0.3	9:51	0.6	5:47	8:12	
30	Wed	3:44	7.2	4:08	7.6	10:02	0.7	10:40	0.8	5:48	8:11	
31	Thu	4:29	6.8	4:53	7.4	10:48	1.0	11:34	1.0	5:49	8:10	