

































Cold Spring Harbor, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:02	8.4	9:45	7.2	2:50	0.0	3:42	-1.0	7:18	4:36	
2	Fri	9:58	8.6	10:39	7.5	3:49	-0.3	4:36	-1.2	7:18	4:37	
3	Sat	10:52	8.6	11:31	7.7	4:45	-0.5	5:26	-1.3	7:18	4:38	
4	Sun	11:43	8.6			5:38	-0.6	6:14	-1.3	7:18	4:39	
5	Mon	12:21	7.8	12:34	8.3	6:31	-0.6	7:02	-1.2	7:18	4:40	
6	Tue	1:10	7.9	1:23	8.0	7:22	-0.5	7:48	-0.9	7:18	4:41	
7	Wed	1:57	7.8	2:12	7.6	8:13	-0.3	8:35	-0.6	7:18	4:42	
8	Thu	2:45	7.7	3:02	7.2	9:06	-0.1	9:23	-0.2	7:18	4:43	
9	Fri	3:33	7.5	3:55	6.7	10:02	0.2	10:15	0.2	7:17	4:44	
10	Sat	4:25	7.2	4:54	6.3	11:01	0.4	11:10	0.6	7:17	4:45	
11	Sun	5:21	7.0	5:58	6.0			12:00	0.5	7:17	4:46	
12	Mon	6:19	6.9	7:02	5.9	12:07	0.9	12:59	0.5	7:17	4:47	
13	Tue	7:18	6.8	8:03	5.8	1:05	1.0	1:57	0.5	7:16	4:48	
14	Wed	8:13	6.9	8:56	5.9	2:01	1.1	2:50	0.4	7:16	4:49	
15	Thu	9:01	7.0	9:42	6.1	2:53	1.0	3:38	0.2	7:15	4:50	
16	Fri	9:43	7.1	10:21	6.3	3:39	0.9	4:19	0.1	7:15	4:51	
17	Sat	10:19	7.2	10:55	6.5	4:20	0.8	4:56	-0.1	7:15	4:53	
18	Sun	10:52	7.3	11:25	6.7	4:57	0.6	5:28	-0.2	7:14	4:54	
19	Mon	11:26	7.5	11:57	7.0	5:32	0.4	6:00	-0.3	7:13	4:55	
20	Tue			12:03	7.5	6:08	0.2	6:31	-0.4	7:13	4:56	
21	Wed	12:32	7.3	12:43	7.6	6:46	0.0	7:06	-0.5	7:12	4:57	
22	Thu	1:11	7.6	1:26	7.5	7:27	-0.2	7:44	-0.4	7:12	4:58	
23	Fri	1:53	7.8	2:13	7.4	8:13	-0.2	8:27	-0.3	7:11	5:00	
24	Sat	2:39	7.9	3:02	7.1	9:03	-0.2	9:15	-0.1	7:10	5:01	
25	Sun	3:29	7.9	3:58	6.8	10:01	-0.2	10:10	0.1	7:09	5:02	
26	Mon	4:25	7.9	5:00	6.5	11:06	-0.1	11:14	0.3	7:09	5:03	
27	Tue	5:28	7.8	6:10	6.4			12:16	-0.1	7:08	5:04	
28	Wed	6:37	7.7	7:26	6.5	12:23	0.4	1:26	-0.2	7:07	5:06	
29	Thu	7:49	7.8	8:38	6.7	1:35	0.3	2:34	-0.5	7:06	5:07	
30	Fri	8:57	8.0	9:39	7.1	2:44	0.1	3:33	-0.8	7:05	5:08	
31	Sat	9:55	8.2	10:33	7.5	3:46	-0.2	4:26	-1.0	7:04	5:09	