

































## Cold Spring Harbor, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:50	7.9	10:20	7.7	3:41	-0.2	4:12	-0.7	6:27	5:44	
2	Mon	10:38	8.0	11:04	8.0	4:32	-0.5	4:57	-0.8	6:25	5:46	
3	Tue	11:22	8.0	11:44	8.1	5:18	-0.7	5:38	-0.8	6:24	5:47	
4	Wed			12:02	7.8	6:00	-0.7	6:15	-0.6	6:22	5:48	
5	Thu	12:20	8.1	12:39	7.6	6:39	-0.6	6:51	-0.4	6:21	5:49	
6	Fri	12:54	8.0	1:14	7.3	7:17	-0.4	7:25	-0.1	6:19	5:50	
7	Sat	1:27	7.8	1:50	7.0	7:55	-0.2	8:01	0.3	6:17	5:51	
8	Sun	3:03	7.6	3:28	6.7	9:35	0.2	9:40	0.6	7:16	6:52	
9	Mon	3:44	7.3	4:12	6.3	10:20	0.5	10:25	1.0	7:14	6:53	
10	Tue	4:30	7.0	5:04	6.0	11:15	0.8	11:21	1.3	7:13	6:55	
11	Wed	5:25	6.7	6:07	5.7			12:19	1.1	7:11	6:56	
12	Thu	6:29	6.5	7:22	5.7	12:28	1.5	1:27	1.1	7:09	6:57	
13	Fri	7:40	6.5	8:33	5.9	1:38	1.5	2:30	1.0	7:08	6:58	
14	Sat	8:47	6.6	9:29	6.3	2:43	1.4	3:24	0.8	7:06	6:59	
15	Sun	9:41	6.9	10:12	6.7	3:39	1.0	4:10	0.5	7:04	7:00	
16	Mon	10:25	7.2	10:48	7.2	4:25	0.6	4:48	0.2	7:03	7:01	
17	Tue	11:03	7.5	11:22	7.7	5:06	0.1	5:23	-0.1	7:01	7:02	
18	Wed	11:41	7.7	11:57	8.2	5:44	-0.3	5:58	-0.3	6:59	7:03	
19	Thu			12:20	7.9	6:23	-0.7	6:34	-0.5	6:58	7:04	
20	Fri	12:36	8.6	1:02	8.0	7:03	-1.0	7:12	-0.6	6:56	7:05	
21	Sat	1:18	8.8	1:46	8.0	7:46	-1.1	7:55	-0.6	6:54	7:06	
22	Sun	2:03	8.9	2:33	7.8	8:32	-1.0	8:42	-0.4	6:53	7:08	
23	Mon	2:52	8.7	3:25	7.5	9:24	-0.7	9:35	-0.1	6:51	7:09	
24	Tue	3:46	8.4	4:23	7.2	10:22	-0.4	10:37	0.3	6:49	7:10	
25	Wed	4:48	8.0	5:31	6.9	11:31	0.0	11:51	0.6	6:48	7:11	
26	Thu	6:00	7.6	6:53	6.8			12:47	0.2	6:46	7:12	
27	Fri	7:22	7.4	8:12	7.0	1:12	0.6	1:59	0.1	6:44	7:13	
28	Sat	8:39	7.4	9:18	7.3	2:27	0.4	3:04	0.0	6:43	7:14	
29	Sun	9:43	7.6	10:13	7.7	3:32	0.1	4:01	-0.2	6:41	7:15	
30	Mon	10:37	7.7	11:00	8.0	4:28	-0.2	4:50	-0.3	6:40	7:16	
31	Tue	11:23	7.8	11:41	8.1	5:17	-0.4	5:34	-0.3	6:38	7:17	