


































## Cold Spring Harbor, NY - Jan 2025

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 4:49  | 7.4 | 5:16  | 6.7 | 11:18 | 0.2  | 11:36 | 0.2  | 7:18  | 4:36 |    |
| 2    | Tue | 5:50  | 7.2 | 6:22  | 6.5 |       |      | 12:20 | 0.3  | 7:18  | 4:37 |    |
| 3    | Wed | 6:49  | 7.1 | 7:24  | 6.4 | 12:34 | 0.4  | 1:18  | 0.3  | 7:18  | 4:38 |    |
| 4    | Thu | 7:45  | 7.2 | 8:20  | 6.4 | 1:30  | 0.6  | 2:13  | 0.2  | 7:18  | 4:39 |    |
| 5    | Fri | 8:35  | 7.2 | 9:10  | 6.4 | 2:23  | 0.6  | 3:03  | 0.0  | 7:18  | 4:40 |    |
| 6    | Sat | 9:19  | 7.3 | 9:53  | 6.5 | 3:11  | 0.6  | 3:48  | -0.1 | 7:18  | 4:41 |    |
| 7    | Sun | 9:56  | 7.4 | 10:30 | 6.6 | 3:54  | 0.5  | 4:28  | -0.2 | 7:18  | 4:42 |    |
| 8    | Mon | 10:28 | 7.4 | 11:01 | 6.7 | 4:31  | 0.5  | 5:03  | -0.3 | 7:18  | 4:43 |    |
| 9    | Tue | 10:58 | 7.5 | 11:29 | 6.9 | 5:06  | 0.4  | 5:35  | -0.3 | 7:17  | 4:44 |    |
| 10   | Wed | 11:30 | 7.6 |       |     | 5:38  | 0.3  | 6:06  | -0.4 | 7:17  | 4:45 |    |
| 11   | Thu | 12:00 | 7.1 | 12:07 | 7.7 | 6:12  | 0.2  | 6:38  | -0.4 | 7:17  | 4:46 |    |
| 12   | Fri | 12:36 | 7.3 | 12:47 | 7.7 | 6:49  | 0.1  | 7:13  | -0.5 | 7:17  | 4:47 |   |
| 13   | Sat | 1:16  | 7.5 | 1:30  | 7.6 | 7:31  | 0.0  | 7:53  | -0.5 | 7:16  | 4:48 |  |
| 14   | Sun | 1:59  | 7.6 | 2:17  | 7.5 | 8:16  | 0.0  | 8:37  | -0.4 | 7:16  | 4:49 |  |
| 15   | Mon | 2:46  | 7.7 | 3:08  | 7.3 | 9:08  | 0.0  | 9:27  | -0.2 | 7:16  | 4:50 |  |
| 16   | Tue | 3:38  | 7.8 | 4:04  | 7.1 | 10:07 | 0.0  | 10:23 | -0.1 | 7:15  | 4:51 |  |
| 17   | Wed | 4:35  | 7.8 | 5:06  | 6.9 | 11:11 | -0.1 | 11:26 | 0.0  | 7:15  | 4:52 |  |
| 18   | Thu | 5:37  | 7.9 | 6:13  | 6.9 |       |      | 12:19 | -0.2 | 7:14  | 4:53 |  |
| 19   | Fri | 6:42  | 8.0 | 7:24  | 7.0 | 12:32 | 0.0  | 1:26  | -0.5 | 7:14  | 4:55 |  |
| 20   | Sat | 7:49  | 8.2 | 8:32  | 7.2 | 1:38  | -0.2 | 2:30  | -0.8 | 7:13  | 4:56 |  |
| 21   | Sun | 8:52  | 8.4 | 9:33  | 7.6 | 2:43  | -0.4 | 3:29  | -1.1 | 7:12  | 4:57 |  |
| 22   | Mon | 9:50  | 8.6 | 10:27 | 7.9 | 3:42  | -0.7 | 4:22  | -1.4 | 7:12  | 4:58 |  |
| 23   | Tue | 10:42 | 8.7 | 11:17 | 8.1 | 4:37  | -0.9 | 5:12  | -1.6 | 7:11  | 4:59 |  |
| 24   | Wed | 11:32 | 8.7 |       |     | 5:28  | -1.0 | 5:59  | -1.6 | 7:10  | 5:01 |  |
| 25   | Thu | 12:05 | 8.2 | 12:20 | 8.5 | 6:18  | -1.0 | 6:45  | -1.4 | 7:10  | 5:02 |  |
| 26   | Fri | 12:52 | 8.2 | 1:06  | 8.2 | 7:06  | -0.9 | 7:30  | -1.2 | 7:09  | 5:03 |  |
| 27   | Sat | 1:37  | 8.1 | 1:52  | 7.8 | 7:54  | -0.7 | 8:15  | -0.8 | 7:08  | 5:04 |  |
| 28   | Sun | 2:21  | 7.8 | 2:38  | 7.4 | 8:43  | -0.4 | 9:01  | -0.4 | 7:07  | 5:05 |  |
| 29   | Mon | 3:07  | 7.6 | 3:28  | 6.9 | 9:35  | 0.0  | 9:51  | 0.0  | 7:06  | 5:07 |  |
| 30   | Tue | 3:57  | 7.3 | 4:23  | 6.5 | 10:32 | 0.2  | 10:46 | 0.4  | 7:05  | 5:08 |  |
| 31   | Wed | 4:52  | 7.0 | 5:26  | 6.2 | 11:33 | 0.4  | 11:45 | 0.7  | 7:04  | 5:09 |  |