

































## Cold Spring Harbor, NY - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:58	8.2	9:39	7.0	2:48	0.3	3:41	-0.7	7:18	4:37	
2	Mon	9:52	8.5	10:31	7.4	3:44	-0.1	4:31	-1.1	7:18	4:37	
3	Tue	10:44	8.7	11:22	7.8	4:38	-0.4	5:20	-1.4	7:18	4:38	
4	Wed	11:36	8.8			5:32	-0.7	6:08	-1.5	7:18	4:39	
5	Thu	12:13	8.1	12:29	8.7	6:25	-0.9	6:57	-1.5	7:18	4:40	
6	Fri	1:04	8.3	1:22	8.4	7:20	-0.9	7:46	-1.4	7:18	4:41	
7	Sat	1:56	8.4	2:15	8.1	8:15	-0.8	8:37	-1.1	7:18	4:42	
8	Sun	2:49	8.3	3:12	7.6	9:14	-0.6	9:32	-0.7	7:17	4:43	
9	Mon	3:45	8.1	4:13	7.1	10:16	-0.4	10:30	-0.2	7:17	4:44	
10	Tue	4:44	7.8	5:19	6.7	11:20	-0.2	11:32	0.2	7:17	4:45	
11	Wed	5:48	7.6	6:28	6.4			12:24	0.0	7:17	4:46	
12	Thu	6:52	7.4	7:35	6.2	12:35	0.5	1:27	0.1	7:16	4:47	
13	Fri	7:53	7.3	8:35	6.2	1:37	0.6	2:26	0.1	7:16	4:48	
14	Sat	8:48	7.2	9:28	6.3	2:35	0.7	3:19	0.0	7:16	4:50	
15	Sun	9:37	7.2	10:13	6.4	3:27	0.7	4:06	0.0	7:15	4:51	
16	Mon	10:18	7.2	10:53	6.4	4:13	0.7	4:48	-0.1	7:15	4:52	
17	Tue	10:53	7.2	11:26	6.5	4:53	0.6	5:24	-0.1	7:14	4:53	
18	Wed	11:24	7.2	11:55	6.7	5:28	0.6	5:56	-0.1	7:14	4:54	
19	Thu	11:54	7.2			6:01	0.5	6:25	-0.1	7:13	4:55	
20	Fri	12:23	6.8	12:26	7.2	6:34	0.4	6:54	-0.1	7:13	4:56	
21	Sat	12:53	7.0	1:02	7.1	7:08	0.3	7:24	0.0	7:12	4:58	
22	Sun	1:28	7.2	1:42	7.0	7:45	0.3	7:59	0.1	7:11	4:59	
23	Mon	2:06	7.3	2:25	6.8	8:27	0.3	8:37	0.2	7:11	5:00	
24	Tue	2:49	7.4	3:11	6.6	9:13	0.3	9:22	0.4	7:10	5:01	
25	Wed	3:36	7.4	4:03	6.4	10:07	0.4	10:13	0.6	7:09	5:02	
26	Thu	4:29	7.3	5:02	6.2	11:08	0.4	11:12	0.7	7:08	5:04	
27	Fri	5:27	7.4	6:06	6.1			12:13	0.3	7:07	5:05	
28	Sat	6:31	7.5	7:16	6.2	12:17	0.7	1:21	0.1	7:07	5:06	
29	Sun	7:38	7.7	8:25	6.6	1:25	0.6	2:26	-0.2	7:06	5:07	
30	Mon	8:43	8.0	9:25	7.1	2:32	0.2	3:24	-0.7	7:05	5:09	
31	Tue	9:42	8.3	10:19	7.6	3:34	-0.2	4:16	-1.1	7:04	5:10	