US HARBORS www.USHarbors.com

Democrat Point, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:59	2.6	10:24	2.9	4:10	-0.3	4:17	-0.3	6:26	5:44	
2	Fri	10:57	2.4	11:23	2.8	5:04	-0.1	5:07	-0.2	6:25	5:45	
3	Sat	11:58	2.3			6:10	0.0	6:11	0.0	6:23	5:46	
4	Sun	12:24	2.7	1:01	2.2	7:24	0.1	7:25	0.2	6:22	5:47	
5	Mon	1:28	2.6	2:07	2.1	8:36	0.1	8:38	0.2	6:20	5:48	
6	Tue	2:36	2.5	3:16	2.2	9:39	0.1	9:43	0.1	6:19	5:49	
7	Wed	3:44	2.6	4:20	2.3	10:34	-0.1	10:39	0.0	6:17	5:50	
8	Thu	4:43	2.6	5:13	2.5	11:23	-0.2	11:30	-0.1	6:15	5:51	
9	Fri	5:32	2.7	5:58	2.7			12:07	-0.2	6:14	5:53	
10	Sat	6:14	2.8	6:39	2.8	12:18	-0.2	12:49	-0.3	6:12	5:54	
11	Sun	6:54	2.7	7:17	2.8	1:03	-0.2	1:28	-0.3	6:11	5:55	
12	Mon	7:31	2.7	7:54	2.8	1:45	-0.2	2:04	-0.2	6:09	5:56	
13	Tue	8:09	2.6	8:31	2.7	2:24	-0.2	2:37	-0.1	6:07	5:57	
14	Wed	8:46	2.4	9:07	2.6	3:01	-0.1	3:08	0.0	6:06	5:58	
15	Thu	9:24	2.3	9:44	2.5	3:37	0.0	3:38	0.1	6:04	5:59	
16	Fri	10:05	2.1	10:25	2.4	4:13	0.2	4:08	0.3	6:03	6:00	
17	Sat	10:51	2.0	11:09	2.3	4:52	0.3	4:41	0.4	6:01	6:01	
18	Sun	11:41	1.9	11:59	2.3	5:42	0.4	5:25	0.5	5:59	6:02	
19	Mon			12:33	1.9	6:49	0.5	6:37	0.6	5:58	6:03	
20	Tue	12:53	2.3	1:31	1.9	8:00	0.5	8:00	0.6	5:56	6:04	
21	Wed	1:53	2.3	2:34	2.0	9:01	0.4	9:08	0.5	5:54	6:05	
22	Thu	2:58	2.4	3:36	2.2	9:54	0.2	10:05	0.3	5:53	6:07	
23	Fri	3:59	2.6	4:31	2.4	10:41	0.0	10:57	0.1	5:51	6:08	
24	Sat	4:52	2.7	5:18	2.7	11:27	-0.2	11:48	-0.2	5:49	6:09	
25	Sun	5:40	2.9	6:02	3.0			12:12	-0.3	5:48	6:10	
26	Mon	6:25	3.0	6:46	3.2	12:39	-0.3	12:57	-0.4	5:46	6:11	
27	Tue	7:11	3.0	7:31	3.3	1:30	-0.4	1:42	-0.5	5:44	6:12	
28	Wed	7:59	2.9	8:19	3.3	2:19	-0.5	2:27	-0.5	5:43	6:13	
29	Thu	8:51	2.8	9:10	3.2	3:08	-0.4	3:12	-0.4	5:41	6:14	
30	Fri	9:47	2.6	10:07	3.1	3:58	-0.3	4:00	-0.2	5:39	6:15	
31	Sat	10:48	2.5	11:09	2.9	4:53	-0.1	4:54	0.0	5:38	6:16	