

East Hampton, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:22	2.7	3:03	3.1	8:41	0.1	9:25	0.3	5:45	8:04	
2	Mon	3:18	2.6	4:00	3.2	9:36	0.2	10:27	0.3	5:46	8:03	
3	Tue	4:19	2.4	5:02	3.1	10:34	0.3	11:29	0.3	5:47	8:02	
4	Wed	5:27	2.4	6:07	3.1	11:35	0.3			5:48	8:01	
5	Thu	6:34	2.4	7:07	3.2	12:30	0.3	12:36	0.4	5:49	8:00	
6	Fri	7:33	2.4	8:01	3.2	1:28	0.2	1:36	0.3	5:50	7:59	
7	Sat	8:26	2.5	8:51	3.2	2:23	0.1	2:33	0.3	5:50	7:57	
8	Sun	9:17	2.6	9:39	3.2	3:15	0.1	3:27	0.3	5:51	7:56	
9	Mon	10:05	2.7	10:24	3.1	4:02	0.0	4:16	0.2	5:52	7:55	
10	Tue	10:51	2.8	11:08	3.0	4:46	0.1	5:02	0.3	5:53	7:54	
11	Wed	11:36	2.9	11:52	2.9	5:26	0.1	5:47	0.3	5:54	7:52	
12	Thu			12:21	2.9	6:06	0.2	6:32	0.4	5:55	7:51	
13	Fri	12:37	2.8	1:08	2.9	6:47	0.4	7:20	0.5	5:56	7:50	
14	Sat	1:24	2.6	1:56	2.9	7:29	0.5	8:10	0.6	5:57	7:48	
15	Sun	2:13	2.5	2:45	2.8	8:13	0.7	9:00	0.7	5:58	7:47	
16	Mon	3:02	2.4	3:35	2.8	8:58	0.8	9:52	0.7	5:59	7:45	
17	Tue	3:55	2.3	4:29	2.7	9:45	0.9	10:44	0.7	6:00	7:44	
18	Wed	4:51	2.2	5:27	2.7	10:36	0.9	11:37	0.7	6:01	7:43	
19	Thu	5:51	2.2	6:23	2.7	11:30	0.9			6:02	7:41	
20	Fri	6:46	2.2	7:14	2.8	12:28	0.7	12:23	0.9	6:03	7:40	
21	Sat	7:35	2.3	7:59	2.9	1:17	0.6	1:14	0.8	6:04	7:38	
22	Sun	8:19	2.5	8:41	3.0	2:04	0.4	2:05	0.6	6:05	7:37	
23	Mon	9:02	2.6	9:22	3.1	2:50	0.3	2:55	0.4	6:06	7:35	
24	Tue	9:44	2.8	10:03	3.1	3:34	0.1	3:44	0.2	6:07	7:34	
25	Wed	10:27	3.0	10:45	3.2	4:16	0.0	4:32	0.1	6:08	7:32	
26	Thu	11:11	3.2	11:29	3.1	4:59	-0.1	5:21	0.0	6:09	7:31	
27	Fri	11:58	3.3			5:43	-0.1	6:12	0.0	6:10	7:29	
28	Sat	12:16	3.0	12:48	3.3	6:30	-0.1	7:07	0.0	6:11	7:27	
29	Sun	1:08	2.9	1:43	3.4	7:22	0.0	8:06	0.1	6:12	7:26	
30	Mon	2:04	2.7	2:40	3.3	8:17	0.2	9:07	0.2	6:13	7:24	
31	Tue	3:03	2.6	3:40	3.2	9:16	0.3	10:08	0.3	6:14	7:23	