



East Hampton, NY - Jul 1980

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 12:32 | 3.1 | 1:14 | 2.6 | 6:59 | 0.0 | 7:11 | 0.4 | 5:20 | 8:24 | ☉ |
| 2 | Wed | 1:22 | 3.1 | 2:07 | 2.7 | 7:50 | 0.0 | 8:10 | 0.4 | 5:21 | 8:24 | ☾ |
| 3 | Thu | 2:15 | 3.0 | 3:01 | 2.8 | 8:42 | 0.0 | 9:10 | 0.4 | 5:21 | 8:24 | ☾ |
| 4 | Fri | 3:09 | 2.8 | 3:57 | 2.9 | 9:34 | 0.1 | 10:12 | 0.4 | 5:22 | 8:24 | ☾ |
| 5 | Sat | 4:07 | 2.7 | 4:57 | 3.0 | 10:29 | 0.1 | 11:15 | 0.3 | 5:22 | 8:23 | ☾ |
| 6 | Sun | 5:11 | 2.5 | 5:59 | 3.1 | 11:25 | 0.2 | | | 5:23 | 8:23 | ☾ |
| 7 | Mon | 6:16 | 2.5 | 6:56 | 3.2 | 12:16 | 0.2 | 12:22 | 0.2 | 5:24 | 8:23 | ☾ |
| 8 | Tue | 7:15 | 2.4 | 7:49 | 3.3 | 1:16 | 0.1 | 1:18 | 0.3 | 5:24 | 8:22 | ☾ |
| 9 | Wed | 8:10 | 2.5 | 8:39 | 3.3 | 2:13 | 0.0 | 2:14 | 0.3 | 5:25 | 8:22 | ☾ |
| 10 | Thu | 9:01 | 2.5 | 9:28 | 3.3 | 3:07 | 0.0 | 3:09 | 0.3 | 5:26 | 8:22 | ☾ |
| 11 | Fri | 9:52 | 2.6 | 10:16 | 3.3 | 3:57 | -0.1 | 4:00 | 0.3 | 5:26 | 8:21 | ☾ |
| 12 | Sat | 10:41 | 2.6 | 11:02 | 3.2 | 4:43 | -0.1 | 4:48 | 0.3 | 5:27 | 8:21 | ☾ |
| 13 | Sun | 11:28 | 2.7 | 11:48 | 3.1 | 5:28 | 0.0 | 5:34 | 0.4 | 5:28 | 8:20 | ☾ |
| 14 | Mon | | | 12:16 | 2.7 | 6:11 | 0.0 | 6:20 | 0.5 | 5:29 | 8:20 | ☾ |
| 15 | Tue | 12:35 | 3.0 | 1:05 | 2.7 | 6:56 | 0.2 | 7:09 | 0.6 | 5:29 | 8:19 | ☾ |
| 16 | Wed | 1:23 | 2.8 | 1:55 | 2.7 | 7:41 | 0.3 | 8:01 | 0.7 | 5:30 | 8:18 | ☾ |
| 17 | Thu | 2:12 | 2.7 | 2:45 | 2.7 | 8:26 | 0.4 | 8:52 | 0.7 | 5:31 | 8:18 | ☾ |
| 18 | Fri | 3:01 | 2.5 | 3:35 | 2.7 | 9:11 | 0.5 | 9:45 | 0.8 | 5:32 | 8:17 | ☾ |
| 19 | Sat | 3:52 | 2.4 | 4:26 | 2.7 | 9:55 | 0.7 | 10:38 | 0.8 | 5:33 | 8:16 | ☾ |
| 20 | Sun | 4:47 | 2.2 | 5:20 | 2.7 | 10:41 | 0.7 | 11:31 | 0.8 | 5:34 | 8:16 | ☾ |
| 21 | Mon | 5:45 | 2.2 | 6:14 | 2.8 | 11:28 | 0.8 | | | 5:34 | 8:15 | ☾ |
| 22 | Tue | 6:40 | 2.2 | 7:03 | 2.8 | 12:23 | 0.7 | 12:17 | 0.8 | 5:35 | 8:14 | ☾ |
| 23 | Wed | 7:30 | 2.2 | 7:49 | 2.9 | 1:12 | 0.6 | 1:05 | 0.8 | 5:36 | 8:13 | ☾ |
| 24 | Thu | 8:16 | 2.3 | 8:32 | 3.0 | 2:00 | 0.5 | 1:54 | 0.7 | 5:37 | 8:12 | ☾ |
| 25 | Fri | 8:59 | 2.4 | 9:14 | 3.1 | 2:47 | 0.3 | 2:43 | 0.5 | 5:38 | 8:11 | ☾ |
| 26 | Sat | 9:43 | 2.5 | 9:57 | 3.2 | 3:33 | 0.1 | 3:32 | 0.4 | 5:39 | 8:11 | ☾ |
| 27 | Sun | 10:26 | 2.6 | 10:40 | 3.3 | 4:17 | 0.0 | 4:20 | 0.3 | 5:40 | 8:10 | ☾ |
| 28 | Mon | 11:10 | 2.7 | 11:24 | 3.3 | 5:01 | -0.1 | 5:08 | 0.2 | 5:41 | 8:09 | ☾ |
| 29 | Tue | 11:57 | 2.8 | | | 5:45 | -0.1 | 5:58 | 0.1 | 5:42 | 8:08 | ☾ |
| 30 | Wed | 12:11 | 3.2 | 12:48 | 2.9 | 6:33 | -0.1 | 6:53 | 0.1 | 5:43 | 8:07 | ☾ |
| 31 | Thu | 1:02 | 3.1 | 1:42 | 3.0 | 7:23 | -0.1 | 7:52 | 0.2 | 5:44 | 8:05 | ☾ |