




























East Hampton, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:25	2.9	12:47	2.2	6:54	-0.3	6:56	-0.1	6:22	5:39	
2	Fri	1:20	2.8	1:44	2.1	7:54	-0.2	7:54	0.0	6:21	5:40	
3	Sat	2:20	2.7	2:44	2.0	8:55	-0.1	8:58	0.1	6:19	5:41	
4	Sun	3:28	2.6	3:53	1.9	9:59	0.0	10:05	0.2	6:18	5:42	
5	Mon	4:43	2.5	5:06	1.9	11:03	0.0	11:13	0.2	6:16	5:44	
6	Tue	5:53	2.5	6:11	2.0			12:03	0.0	6:14	5:45	
7	Wed	6:51	2.5	7:05	2.2	12:16	0.1	12:59	0.0	6:13	5:46	
8	Thu	7:41	2.5	7:54	2.3	1:15	0.0	1:50	-0.1	6:11	5:47	
9	Fri	8:26	2.5	8:39	2.4	2:09	-0.1	2:36	-0.1	6:10	5:48	
10	Sat	9:07	2.5	9:22	2.6	2:56	-0.1	3:17	-0.1	6:08	5:49	
11	Sun	9:47	2.4	10:02	2.6	3:40	-0.2	3:55	-0.1	6:06	5:50	
12	Mon	10:27	2.4	10:43	2.7	4:20	-0.1	4:30	0.0	6:05	5:51	
13	Tue	11:08	2.3	11:24	2.7	5:00	-0.1	5:06	0.2	6:03	5:52	
14	Wed	11:52	2.1			5:42	0.0	5:43	0.3	6:01	5:54	
15	Thu	12:07	2.6	12:39	2.0	6:27	0.1	6:24	0.5	6:00	5:55	
16	Fri	12:54	2.5	1:27	1.9	7:14	0.2	7:11	0.6	5:58	5:56	
17	Sat	1:43	2.4	2:18	1.9	8:04	0.3	8:02	0.7	5:57	5:57	
18	Sun	2:36	2.3	3:12	1.8	8:56	0.4	8:57	0.7	5:55	5:58	
19	Mon	3:36	2.2	4:13	1.8	9:51	0.4	9:55	0.7	5:53	5:59	
20	Tue	4:40	2.2	5:13	1.9	10:46	0.4	10:52	0.6	5:52	6:00	
21	Wed	5:38	2.3	6:05	2.0	11:37	0.4	11:47	0.4	5:50	6:01	
22	Thu	6:27	2.4	6:49	2.2			12:25	0.2	5:48	6:02	
23	Fri	7:11	2.5	7:31	2.4	12:39	0.2	1:11	0.1	5:47	6:03	
24	Sat	7:52	2.6	8:11	2.7	1:30	0.0	1:55	0.0	5:45	6:04	
25	Sun	8:34	2.7	8:53	2.9	2:20	-0.2	2:37	-0.2	5:43	6:05	
26	Mon	9:16	2.7	9:35	3.1	3:09	-0.4	3:19	-0.3	5:42	6:06	
27	Tue	10:00	2.7	10:20	3.2	3:57	-0.5	4:02	-0.3	5:40	6:08	
28	Wed	10:47	2.6	11:08	3.3	4:47	-0.6	4:48	-0.2	5:38	6:09	
29	Thu	11:37	2.5			5:39	-0.5	5:38	-0.1	5:37	6:10	
30	Fri	12:02	3.2	12:32	2.4	6:36	-0.3	6:36	0.1	5:35	6:11	
31	Sat	1:01	3.0	1:31	2.2	7:35	-0.2	7:39	0.2	5:33	6:12	