

































East Hampton, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:46	2.2	6:05	1.8			12:02	0.2	6:22	5:39	
2	Thu	6:41	2.3	6:54	1.9	12:08	0.5	12:53	0.2	6:21	5:40	
3	Fri	7:29	2.3	7:38	2.0	1:00	0.4	1:38	0.2	6:19	5:41	
4	Sat	8:11	2.4	8:21	2.1	1:45	0.3	2:19	0.1	6:18	5:42	
5	Sun	8:51	2.4	9:02	2.3	2:26	0.2	2:55	0.1	6:16	5:44	
6	Mon	9:28	2.4	9:41	2.4	3:03	0.1	3:28	0.0	6:14	5:45	
7	Tue	10:03	2.4	10:19	2.5	3:39	0.0	4:00	0.0	6:13	5:46	
8	Wed	10:38	2.4	10:56	2.5	4:16	0.0	4:33	0.0	6:11	5:47	
9	Thu	11:14	2.3	11:32	2.5	4:55	0.0	5:08	0.0	6:10	5:48	
10	Fri	11:50	2.2			5:38	0.0	5:45	0.1	6:08	5:49	
11	Sat	12:08	2.6	12:29	2.1	6:26	0.0	6:27	0.2	6:06	5:50	
12	Sun	12:46	2.6	2:13	2.0	8:19	0.1	8:15	0.3	7:05	6:51	
13	Mon	2:31	2.5	3:02	1.9	9:14	0.1	9:10	0.4	7:03	6:52	
14	Tue	3:24	2.5	4:00	1.8	10:13	0.1	10:11	0.4	7:01	6:54	
15	Wed	4:31	2.5	5:12	1.8	11:16	0.1	11:17	0.4	7:00	6:55	
16	Thu	5:48	2.6	6:24	1.9			12:17	0.1	6:58	6:56	
17	Fri	6:56	2.7	7:24	2.1	12:23	0.2	1:15	0.0	6:56	6:57	
18	Sat	7:53	2.8	8:17	2.3	1:25	0.0	2:11	-0.1	6:55	6:58	
19	Sun	8:46	2.9	9:08	2.6	2:24	-0.2	3:02	-0.3	6:53	6:59	
20	Mon	9:35	2.9	9:58	2.8	3:20	-0.3	3:50	-0.4	6:52	7:00	
21	Tue	10:23	2.9	10:46	3.0	4:13	-0.5	4:35	-0.4	6:50	7:01	
22	Wed	11:10	2.8	11:33	3.0	5:04	-0.5	5:19	-0.3	6:48	7:02	
23	Thu	11:58	2.6			5:54	-0.5	6:03	-0.2	6:46	7:03	
24	Fri	12:21	3.0	12:47	2.4	6:46	-0.3	6:50	0.0	6:45	7:04	
25	Sat	1:11	2.9	1:39	2.2	7:40	-0.2	7:40	0.3	6:43	7:05	
26	Sun	2:03	2.8	2:33	2.1	8:35	0.0	8:36	0.5	6:41	7:06	
27	Mon	2:58	2.6	3:28	2.0	9:31	0.2	9:34	0.6	6:40	7:08	
28	Tue	3:57	2.4	4:27	1.9	10:29	0.3	10:36	0.7	6:38	7:09	
29	Wed	5:03	2.3	5:31	1.9	11:27	0.4	11:39	0.7	6:36	7:10	
30	Thu	6:11	2.2	6:32	2.0			12:22	0.5	6:35	7:11	
31	Fri	7:09	2.3	7:23	2.1	12:37	0.6	1:12	0.5	6:33	7:12	