






















East Hampton, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:09	2.5	3:44	2.7	9:25	0.4	10:04	0.7	5:20	8:24	
2	Wed	4:01	2.3	4:37	2.8	10:12	0.6	11:03	0.7	5:21	8:24	
3	Thu	4:59	2.1	5:32	2.8	10:58	0.7			5:21	8:24	
4	Fri	5:59	2.0	6:25	2.8	12:01	0.7	11:46 AM	0.8	5:22	8:24	
5	Sat	6:56	2.0	7:15	2.9	12:53	0.7	12:34	0.9	5:23	8:23	
6	Sun	7:46	2.0	8:01	2.9	1:42	0.6	1:21	0.9	5:23	8:23	
7	Mon	8:33	2.1	8:45	2.9	2:27	0.5	2:09	0.9	5:24	8:23	
8	Tue	9:18	2.2	9:29	3.0	3:10	0.4	2:56	0.8	5:25	8:22	
9	Wed	10:01	2.2	10:12	3.0	3:50	0.4	3:40	0.7	5:25	8:22	
10	Thu	10:43	2.3	10:53	3.0	4:29	0.3	4:23	0.6	5:26	8:22	
11	Fri	11:25	2.4	11:32	3.0	5:08	0.2	5:05	0.6	5:27	8:21	
12	Sat			12:07	2.5	5:48	0.1	5:49	0.5	5:27	8:21	
13	Sun	12:12	3.0	12:51	2.5	6:30	0.1	6:38	0.5	5:28	8:20	
14	Mon	12:53	3.0	1:37	2.7	7:13	0.1	7:32	0.5	5:29	8:20	
15	Tue	1:38	2.8	2:24	2.8	7:59	0.2	8:30	0.5	5:30	8:19	
16	Wed	2:25	2.7	3:12	2.9	8:46	0.2	9:29	0.5	5:30	8:18	
17	Thu	3:16	2.5	4:04	3.0	9:34	0.3	10:30	0.4	5:31	8:18	
18	Fri	4:13	2.4	5:02	3.1	10:26	0.4	11:32	0.3	5:32	8:17	
19	Sat	5:19	2.3	6:03	3.2	11:23	0.4			5:33	8:16	
20	Sun	6:26	2.2	7:03	3.3	12:33	0.3	12:23	0.5	5:34	8:16	
21	Mon	7:27	2.3	7:58	3.3	1:32	0.2	1:23	0.4	5:35	8:15	
22	Tue	8:22	2.4	8:52	3.3	2:28	0.1	2:23	0.4	5:36	8:14	
23	Wed	9:15	2.5	9:44	3.3	3:22	0.0	3:21	0.3	5:36	8:13	
24	Thu	10:07	2.6	10:34	3.3	4:12	0.0	4:14	0.3	5:37	8:12	
25	Fri	10:57	2.6	11:22	3.2	4:59	0.0	5:04	0.3	5:38	8:11	
26	Sat	11:47	2.7			5:43	0.0	5:53	0.3	5:39	8:10	
27	Sun	12:08	3.0	12:36	2.8	6:27	0.1	6:44	0.4	5:40	8:10	
28	Mon	12:56	2.8	1:26	2.8	7:12	0.3	7:37	0.6	5:41	8:09	
29	Tue	1:44	2.6	2:16	2.8	7:56	0.4	8:32	0.6	5:42	8:08	
30	Wed	2:33	2.4	3:04	2.8	8:40	0.6	9:27	0.7	5:43	8:06	
31	Thu	3:23	2.2	3:54	2.8	9:24	0.8	10:22	0.7	5:44	8:05	