

































East Hampton, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:11	2.7	8:27	2.4	1:47	-0.2	2:26	-0.3	6:22	5:39	
2	Mon	8:58	2.7	9:14	2.5	2:40	-0.3	3:11	-0.3	6:20	5:40	
3	Tue	9:41	2.6	9:59	2.6	3:29	-0.3	3:53	-0.3	6:19	5:42	
4	Wed	10:24	2.5	10:42	2.7	4:14	-0.3	4:33	-0.2	6:17	5:43	
5	Thu	11:07	2.4	11:26	2.7	4:59	-0.2	5:12	-0.1	6:16	5:44	
6	Fri	11:52	2.2			5:46	-0.1	5:53	0.1	6:14	5:45	
7	Sat	12:11	2.6	12:39	2.1	6:34	0.0	6:36	0.3	6:12	5:46	
8	Sun	12:59	2.5	2:29	1.9	8:25	0.1	8:23	0.5	7:11	6:47	
9	Mon	2:49	2.4	3:21	1.8	9:16	0.3	9:15	0.6	7:09	6:48	
10	Tue	3:43	2.3	4:18	1.7	10:10	0.4	10:10	0.7	7:08	6:49	
11	Wed	4:44	2.2	5:20	1.7	11:05	0.4	11:09	0.7	7:06	6:51	
12	Thu	5:51	2.2	6:22	1.8			12:01	0.5	7:04	6:52	
13	Fri	6:50	2.2	7:15	1.9	12:07	0.6	12:52	0.4	7:03	6:53	
14	Sat	7:40	2.3	8:01	2.0	12:59	0.5	1:39	0.3	7:01	6:54	
15	Sun	8:23	2.4	8:42	2.2	1:48	0.3	2:22	0.2	6:59	6:55	
16	Mon	9:03	2.5	9:22	2.4	2:34	0.2	3:03	0.1	6:58	6:56	
17	Tue	9:42	2.6	10:00	2.6	3:20	0.0	3:42	-0.1	6:56	6:57	
18	Wed	10:20	2.6	10:38	2.8	4:05	-0.2	4:20	-0.2	6:54	6:58	
19	Thu	10:58	2.6	11:16	2.9	4:49	-0.3	4:58	-0.2	6:53	6:59	
20	Fri	11:39	2.5	11:58	3.0	5:35	-0.4	5:38	-0.2	6:51	7:00	
21	Sat			12:23	2.4	6:24	-0.4	6:23	-0.1	6:49	7:01	
22	Sun	12:44	3.0	1:13	2.3	7:18	-0.3	7:14	0.0	6:48	7:02	
23	Mon	1:37	3.0	2:08	2.2	8:16	-0.2	8:12	0.2	6:46	7:04	
24	Tue	2:36	2.8	3:07	2.1	9:16	-0.1	9:16	0.3	6:44	7:05	
25	Wed	3:41	2.7	4:12	2.0	10:18	0.0	10:24	0.3	6:43	7:06	
26	Thu	4:55	2.6	5:24	2.1	11:22	0.1	11:34	0.3	6:41	7:07	
27	Fri	6:10	2.5	6:35	2.2			12:23	0.1	6:39	7:08	
28	Sat	7:15	2.5	7:34	2.3	12:40	0.2	1:20	0.1	6:38	7:09	
29	Sun	8:08	2.5	8:24	2.5	1:41	0.1	2:13	0.0	6:36	7:10	
30	Mon	8:55	2.5	9:10	2.7	2:38	0.0	3:01	0.0	6:34	7:11	
31	Tue	9:38	2.5	9:53	2.8	3:29	-0.1	3:45	0.0	6:33	7:12	