

East Hampton, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:39	2.3	10:48	3.0	4:40	0.1	4:34	0.5	5:46	7:45	
2	Sat	11:21	2.3	11:28	3.0	5:17	0.1	5:11	0.6	5:45	7:46	
3	Sun			12:04	2.3	5:55	0.1	5:48	0.7	5:43	7:47	
4	Mon	12:10	2.9	12:50	2.3	6:35	0.2	6:29	0.8	5:42	7:48	
5	Tue	12:56	2.8	1:39	2.2	7:18	0.3	7:15	0.9	5:41	7:49	
6	Wed	1:46	2.6	2:28	2.2	8:05	0.4	8:07	0.9	5:40	7:50	
7	Thu	2:36	2.6	3:18	2.2	8:53	0.5	9:00	0.9	5:39	7:51	
8	Fri	3:27	2.5	4:10	2.2	9:42	0.5	9:55	0.9	5:37	7:52	
9	Sat	4:19	2.4	5:05	2.3	10:30	0.5	10:51	0.8	5:36	7:53	
10	Sun	5:15	2.4	5:57	2.4	11:18	0.5	11:47	0.7	5:35	7:54	
11	Mon	6:09	2.4	6:44	2.6			12:04	0.5	5:34	7:55	
12	Tue	6:59	2.4	7:26	2.9	12:42	0.5	12:49	0.4	5:33	7:56	
13	Wed	7:45	2.4	8:07	3.1	1:35	0.3	1:34	0.3	5:32	7:57	
14	Thu	8:30	2.5	8:49	3.3	2:28	0.1	2:21	0.3	5:31	7:58	
15	Fri	9:17	2.5	9:34	3.5	3:20	-0.2	3:10	0.2	5:30	7:59	
16	Sat	10:05	2.5	10:22	3.6	4:10	-0.3	4:00	0.1	5:29	8:00	
17	Sun	10:55	2.6	11:13	3.6	5:00	-0.4	4:51	0.1	5:28	8:01	
18	Mon	11:47	2.6			5:50	-0.4	5:44	0.2	5:27	8:02	
19	Tue	12:09	3.5	12:43	2.6	6:43	-0.2	6:42	0.2	5:27	8:03	
20	Wed	1:08	3.3	1:43	2.5	7:40	-0.1	7:46	0.3	5:26	8:04	
21	Thu	2:11	3.1	2:45	2.6	8:38	0.0	8:53	0.4	5:25	8:05	
22	Fri	3:12	2.9	3:48	2.6	9:36	0.1	9:59	0.5	5:24	8:06	
23	Sat	4:15	2.7	4:52	2.7	10:32	0.2	11:07	0.5	5:24	8:07	
24	Sun	5:20	2.5	5:57	2.8	11:28	0.3			5:23	8:08	
25	Mon	6:23	2.3	6:53	2.9	12:12	0.5	12:21	0.4	5:22	8:08	
26	Tue	7:19	2.2	7:40	3.0	1:12	0.5	1:11	0.5	5:22	8:09	
27	Wed	8:07	2.2	8:23	3.0	2:07	0.4	1:59	0.6	5:21	8:10	
28	Thu	8:52	2.2	9:04	3.1	2:56	0.3	2:44	0.7	5:20	8:11	
29	Fri	9:35	2.2	9:44	3.1	3:40	0.3	3:28	0.7	5:20	8:12	
30	Sat	10:18	2.2	10:25	3.0	4:19	0.2	4:08	0.7	5:19	8:12	
31	Sun	11:00	2.3	11:07	3.0	4:55	0.2	4:47	0.8	5:19	8:13	