

Fire Island Coast Guard Station, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:19	1.6	1:24	1.4	7:53	0.2	8:02	0.0	7:16	4:36	
2	Fri	2:19	1.7	2:26	1.4	8:58	0.2	8:55	-0.1	7:16	4:37	
3	Sat	3:24	1.8	3:33	1.3	9:57	0.1	9:47	-0.1	7:16	4:38	
4	Sun	4:21	2.0	4:31	1.4	10:52	0.0	10:38	-0.2	7:17	4:39	
5	Mon	5:13	2.1	5:24	1.4	11:49	-0.1	11:32	-0.3	7:16	4:39	
6	Tue	6:07	2.2	6:20	1.5			12:47	-0.2	7:16	4:40	
7	Wed	7:01	2.3	7:16	1.6	12:31	-0.4	1:40	-0.3	7:16	4:41	
8	Thu	7:53	2.4	8:09	1.7	1:28	-0.5	2:27	-0.4	7:16	4:42	
9	Fri	8:42	2.3	9:02	1.7	2:20	-0.5	3:13	-0.4	7:16	4:43	
10	Sat	9:33	2.2	9:59	1.7	3:11	-0.5	4:01	-0.4	7:16	4:44	
11	Sun	10:26	2.1	10:59	1.8	4:06	-0.4	4:52	-0.4	7:16	4:45	
12	Mon	11:19	1.9	11:55	1.8	5:07	-0.2	5:44	-0.3	7:15	4:46	
13	Tue			12:09	1.7	6:10	-0.1	6:34	-0.3	7:15	4:48	
14	Wed	12:49	1.8	12:58	1.5	7:12	0.0	7:26	-0.2	7:15	4:49	
15	Thu	1:48	1.8	1:56	1.4	8:18	0.1	8:21	-0.1	7:14	4:50	
16	Fri	2:56	1.8	3:06	1.3	9:23	0.1	9:17	-0.1	7:14	4:51	
17	Sat	3:59	1.8	4:09	1.2	10:19	0.1	10:08	-0.1	7:13	4:52	
18	Sun	4:49	1.8	4:58	1.2	11:11	0.1	10:55	-0.1	7:13	4:53	
19	Mon	5:35	1.8	5:43	1.3			12:02	0.1	7:12	4:54	
20	Tue	6:19	1.9	6:27	1.3			12:51	0.0	7:12	4:55	
21	Wed	7:01	1.9	7:09	1.3	12:32	-0.1	1:34	0.0	7:11	4:57	
22	Thu	7:39	1.9	7:48	1.4	1:18	-0.2	2:10	-0.1	7:11	4:58	
23	Fri	8:14	1.9	8:24	1.4	1:57	-0.2	2:44	-0.1	7:10	4:59	
24	Sat	8:47	1.9	9:01	1.5	2:34	-0.2	3:16	-0.1	7:09	5:00	
25	Sun	9:21	1.8	9:41	1.5	3:10	-0.1	3:49	-0.1	7:08	5:01	
26	Mon	9:58	1.7	10:24	1.5	3:49	0.0	4:24	-0.1	7:08	5:03	
27	Tue	10:37	1.6	11:09	1.6	4:34	0.0	5:02	0.0	7:07	5:04	
28	Wed	11:19	1.6	11:54	1.6	5:25	0.1	5:43	0.0	7:06	5:05	
29	Thu			12:02	1.5	6:19	0.2	6:26	0.0	7:05	5:06	
30	Fri	12:41	1.7	12:47	1.4	7:17	0.2	7:15	0.0	7:04	5:07	
31	Sat	1:37	1.7	1:44	1.3	8:25	0.2	8:14	-0.1	7:03	5:09	