

Fire Island Coast Guard Station, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:56	2.0	8:13	1.9	1:52	-0.1	2:16	-0.1	6:26	5:44	●
2	Tue	8:30	1.9	8:48	1.9	2:30	-0.1	2:49	-0.1	6:24	5:45	●
3	Wed	9:03	1.8	9:25	1.9	3:06	0.0	3:21	0.0	6:23	5:46	●
4	Thu	9:39	1.8	10:05	1.9	3:44	0.0	3:56	0.0	6:21	5:47	●
5	Fri	10:19	1.7	10:49	1.9	4:27	0.1	4:35	0.1	6:20	5:48	◐
6	Sat	11:02	1.6	11:34	1.8	5:15	0.2	5:19	0.1	6:18	5:50	◑
7	Sun	11:45	1.5			6:06	0.3	6:06	0.2	6:16	5:51	◑
8	Mon	12:20	1.8	12:30	1.5	6:59	0.3	6:57	0.2	6:15	5:52	◑
9	Tue	1:09	1.8	1:22	1.5	7:58	0.3	7:55	0.2	6:13	5:53	◑
10	Wed	2:12	1.8	2:31	1.5	9:00	0.3	8:59	0.1	6:12	5:54	◑
11	Thu	3:21	1.9	3:42	1.6	9:54	0.2	9:57	0.0	6:10	5:55	◑
12	Fri	4:19	2.0	4:38	1.8	10:44	0.1	10:51	-0.1	6:08	5:56	◑
13	Sat	5:09	2.1	5:30	1.9	11:33	0.0	11:46	-0.2	6:07	5:57	○
14	Sun	5:59	2.2	6:21	2.1			12:24	-0.2	6:05	5:58	○
15	Mon	6:49	2.3	7:13	2.3	12:44	-0.3	1:13	-0.3	6:03	5:59	○
16	Tue	7:38	2.3	8:03	2.4	1:38	-0.3	1:59	-0.3	6:02	6:00	○
17	Wed	8:26	2.2	8:53	2.4	2:27	-0.4	2:43	-0.4	6:00	6:02	○
18	Thu	9:14	2.1	9:45	2.4	3:17	-0.3	3:29	-0.3	5:58	6:03	○
19	Fri	10:07	2.0	10:42	2.4	4:10	-0.2	4:19	-0.2	5:57	6:04	○
20	Sat	11:04	1.9	11:40	2.3	5:09	-0.1	5:16	-0.1	5:55	6:05	○
21	Sun			12:01	1.8	6:10	0.1	6:16	0.0	5:54	6:06	○
22	Mon	12:37	2.2	12:58	1.7	7:12	0.2	7:18	0.1	5:52	6:07	○
23	Tue	1:38	2.0	2:05	1.6	8:16	0.2	8:24	0.2	5:50	6:08	◐
24	Wed	2:51	2.0	3:22	1.6	9:19	0.2	9:27	0.2	5:49	6:09	◑
25	Thu	3:56	2.0	4:22	1.7	10:12	0.2	10:22	0.2	5:47	6:10	◑
26	Fri	4:47	2.0	5:09	1.8	10:58	0.2	11:12	0.2	5:45	6:11	◑
27	Sat	5:30	2.0	5:51	1.9	11:43	0.2			5:44	6:12	◑
28	Sun	6:11	2.0	6:31	2.0	12:01	0.1	12:26	0.1	5:42	6:13	◑
29	Mon	6:50	2.0	7:09	2.0	12:48	0.1	1:07	0.1	5:40	6:14	◑
30	Tue	7:26	2.0	7:45	2.1	1:31	0.1	1:43	0.1	5:39	6:15	◑
31	Wed	8:00	1.9	8:19	2.1	2:09	0.1	2:16	0.1	5:37	6:16	●