

Fire Island Coast Guard Station, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:10	2.3	12:48	2.4	6:34	0.1	7:11	0.3	5:50	8:08	
2	Mon	1:02	2.1	1:43	2.4	7:28	0.2	8:14	0.4	5:51	8:07	
3	Tue	1:55	2.0	2:44	2.4	8:24	0.2	9:21	0.4	5:52	8:06	
4	Wed	2:58	1.9	3:56	2.4	9:27	0.2	10:27	0.4	5:53	8:05	
5	Thu	4:13	1.9	5:03	2.4	10:28	0.2	11:25	0.4	5:54	8:03	
6	Fri	5:18	1.9	5:58	2.5	11:25	0.2			5:54	8:02	
7	Sat	6:13	2.0	6:49	2.5	12:19	0.3	12:19	0.2	5:55	8:01	
8	Sun	7:04	2.1	7:38	2.5	1:13	0.3	1:14	0.1	5:56	8:00	
9	Mon	7:55	2.1	8:23	2.5	2:04	0.2	2:07	0.1	5:57	7:58	
10	Tue	8:40	2.1	9:04	2.4	2:48	0.2	2:53	0.1	5:58	7:57	
11	Wed	9:22	2.2	9:43	2.4	3:28	0.2	3:35	0.2	5:59	7:56	
12	Thu	10:03	2.2	10:21	2.3	4:04	0.2	4:16	0.3	6:00	7:55	
13	Fri	10:45	2.2	11:01	2.2	4:42	0.3	4:58	0.4	6:01	7:53	
14	Sat	11:30	2.1	11:44	2.1	5:21	0.3	5:46	0.5	6:02	7:52	
15	Sun			12:16	2.1	6:05	0.4	6:37	0.6	6:03	7:50	
16	Mon	12:27	2.0	1:00	2.1	6:50	0.5	7:29	0.6	6:04	7:49	
17	Tue	1:09	1.9	1:45	2.1	7:36	0.5	8:23	0.7	6:05	7:48	
18	Wed	1:52	1.8	2:37	2.1	8:25	0.5	9:22	0.7	6:06	7:46	
19	Thu	2:45	1.8	3:41	2.1	9:21	0.5	10:21	0.7	6:07	7:45	
20	Fri	3:53	1.8	4:44	2.2	10:17	0.5	11:11	0.6	6:08	7:43	
21	Sat	4:55	1.8	5:33	2.3	11:07	0.4	11:58	0.5	6:09	7:42	
22	Sun	5:45	1.9	6:19	2.4	11:56	0.3			6:10	7:40	
23	Mon	6:32	2.1	7:04	2.5	12:45	0.4	12:46	0.2	6:11	7:39	
24	Tue	7:21	2.2	7:50	2.5	1:34	0.3	1:40	0.1	6:12	7:37	
25	Wed	8:09	2.3	8:36	2.6	2:20	0.2	2:31	0.1	6:13	7:36	
26	Thu	8:57	2.4	9:20	2.5	3:02	0.1	3:18	0.0	6:14	7:34	
27	Fri	9:44	2.5	10:06	2.5	3:43	0.0	4:05	0.1	6:15	7:33	
28	Sat	10:35	2.6	10:56	2.4	4:26	0.0	4:56	0.1	6:16	7:31	
29	Sun	11:31	2.5	11:51	2.2	5:13	0.1	5:55	0.2	6:17	7:30	
30	Mon			12:29	2.5	6:08	0.2	6:57	0.3	6:18	7:28	
31	Tue	12:47	2.1	1:26	2.5	7:06	0.2	7:59	0.4	6:19	7:26	