

Fire Island Coast Guard Station, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:54	1.8	4:02	1.6	10:02	0.3	10:10	0.1	6:57	4:26	
2	Thu	4:38	1.9	4:46	1.6	10:50	0.2	10:50	0.0	6:58	4:26	
3	Fri	5:18	2.0	5:26	1.6	11:36	0.2	11:31	0.0	6:59	4:26	
4	Sat	5:56	2.0	6:05	1.6			12:24	0.1	7:00	4:26	
5	Sun	6:36	2.1	6:46	1.6	12:15	0.0	1:09	0.1	7:01	4:26	
6	Mon	7:14	2.1	7:26	1.6	12:58	0.0	1:50	0.0	7:02	4:25	
7	Tue	7:52	2.1	8:04	1.6	1:38	-0.1	2:27	0.0	7:03	4:25	
8	Wed	8:29	2.1	8:42	1.6	2:15	-0.1	3:04	0.0	7:04	4:25	
9	Thu	9:07	2.1	9:24	1.6	2:51	0.0	3:42	0.0	7:05	4:25	
10	Fri	9:48	2.0	10:12	1.6	3:30	0.0	4:25	0.0	7:06	4:26	
11	Sat	10:34	2.0	11:04	1.6	4:16	0.1	5:12	0.0	7:06	4:26	
12	Sun	11:23	1.9	11:56	1.7	5:11	0.1	6:00	0.0	7:07	4:26	
13	Mon			12:11	1.9	6:10	0.1	6:49	0.0	7:08	4:26	
14	Tue	12:48	1.7	1:01	1.8	7:12	0.1	7:41	-0.1	7:09	4:26	
15	Wed	1:47	1.8	2:01	1.7	8:19	0.1	8:38	-0.2	7:09	4:26	
16	Thu	2:57	1.9	3:11	1.7	9:25	0.0	9:33	-0.2	7:10	4:27	
17	Fri	4:00	2.1	4:13	1.7	10:24	-0.1	10:26	-0.3	7:11	4:27	
18	Sat	4:55	2.2	5:09	1.7	11:21	-0.2	11:20	-0.4	7:11	4:27	
19	Sun	5:49	2.3	6:04	1.7			12:20	-0.2	7:12	4:28	
20	Mon	6:42	2.4	7:00	1.8	12:16	-0.4	1:17	-0.3	7:12	4:28	
21	Tue	7:35	2.4	7:53	1.8	1:13	-0.5	2:07	-0.4	7:13	4:29	
22	Wed	8:24	2.4	8:44	1.8	2:04	-0.5	2:54	-0.4	7:13	4:29	
23	Thu	9:12	2.3	9:36	1.7	2:53	-0.4	3:40	-0.3	7:14	4:30	
24	Fri	10:02	2.1	10:32	1.7	3:42	-0.3	4:30	-0.3	7:14	4:30	
25	Sat	10:54	2.0	11:27	1.7	4:36	-0.2	5:22	-0.2	7:15	4:31	
26	Sun	11:43	1.8			5:34	0.0	6:12	-0.1	7:15	4:32	
27	Mon	12:18	1.6	12:28	1.7	6:31	0.1	7:00	-0.1	7:15	4:32	
28	Tue	1:08	1.6	1:14	1.5	7:28	0.2	7:50	0.0	7:16	4:33	
29	Wed	2:05	1.6	2:10	1.4	8:30	0.2	8:42	0.0	7:16	4:34	
30	Thu	3:09	1.6	3:14	1.3	9:28	0.2	9:31	0.0	7:16	4:35	
31	Fri	4:03	1.7	4:08	1.3	10:18	0.2			7:16	4:35	