

































Fire Island Coast Guard Station, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:29	1.9	11:00	1.6	4:11	-0.1	5:01	-0.1	7:16	4:36	
2	Tue	11:18	1.8	11:53	1.7	5:09	-0.1	5:49	-0.2	7:16	4:37	
3	Wed			12:06	1.7	6:11	0.0	6:37	-0.2	7:16	4:38	
4	Thu	12:46	1.8	12:56	1.6	7:14	0.0	7:29	-0.2	7:16	4:39	
5	Fri	1:46	1.8	1:56	1.5	8:24	0.1	8:27	-0.2	7:16	4:40	
6	Sat	2:58	1.9	3:10	1.4	9:32	0.0	9:27	-0.3	7:16	4:41	
7	Sun	4:04	2.0	4:16	1.4	10:32	0.0	10:23	-0.3	7:16	4:41	
8	Mon	5:01	2.1	5:13	1.4	11:30	-0.1	11:19	-0.3	7:16	4:42	
9	Tue	5:56	2.2	6:09	1.5			12:30	-0.2	7:16	4:43	
10	Wed	6:49	2.2	7:04	1.5	12:17	-0.4	1:24	-0.2	7:16	4:44	
11	Thu	7:39	2.2	7:55	1.6	1:14	-0.4	2:10	-0.3	7:16	4:46	
12	Fri	8:25	2.2	8:42	1.6	2:04	-0.4	2:53	-0.3	7:15	4:47	
13	Sat	9:08	2.1	9:29	1.6	2:49	-0.3	3:34	-0.3	7:15	4:48	
14	Sun	9:52	1.9	10:19	1.6	3:34	-0.2	4:17	-0.2	7:15	4:49	
15	Mon	10:37	1.8	11:09	1.6	4:23	-0.1	5:01	-0.2	7:14	4:50	
16	Tue	11:20	1.6	11:55	1.6	5:17	0.0	5:45	-0.1	7:14	4:51	
17	Wed			12:01	1.5	6:10	0.1	6:28	0.0	7:13	4:52	
18	Thu	12:39	1.6	12:42	1.4	7:04	0.2	7:13	0.0	7:13	4:53	
19	Fri	1:27	1.6	1:27	1.3	8:03	0.2	8:02	0.1	7:12	4:54	
20	Sat	2:27	1.6	2:29	1.2	9:05	0.3	8:56	0.0	7:12	4:56	
21	Sun	3:32	1.6	3:37	1.2	10:00	0.2	9:47	0.0	7:11	4:57	
22	Mon	4:24	1.7	4:29	1.2	10:49	0.2	10:33	0.0	7:10	4:58	
23	Tue	5:09	1.8	5:14	1.3	11:38	0.1	11:20	-0.1	7:10	4:59	
24	Wed	5:53	1.9	6:00	1.4			12:28	0.0	7:09	5:00	
25	Thu	6:37	2.0	6:46	1.4	12:10	-0.2	1:14	-0.1	7:08	5:02	
26	Fri	7:19	2.1	7:31	1.5	12:59	-0.2	1:54	-0.2	7:08	5:03	
27	Sat	7:59	2.1	8:14	1.6	1:44	-0.3	2:31	-0.2	7:07	5:04	
28	Sun	8:39	2.1	8:58	1.7	2:27	-0.3	3:07	-0.3	7:06	5:05	
29	Mon	9:20	2.0	9:46	1.8	3:10	-0.3	3:45	-0.3	7:05	5:06	
30	Tue	10:06	1.9	10:38	1.8	3:59	-0.2	4:28	-0.3	7:04	5:08	
31	Wed	10:55	1.8	11:33	1.9	4:55	-0.2	5:16	-0.3	7:03	5:09	