

































Fire Island Coast Guard Station, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:35	1.8	11:13	2.2	4:42	-0.1	4:48	-0.2	6:26	5:44	
2	Fri	11:29	1.7			5:43	0.0	5:44	-0.1	6:25	5:45	
3	Sat	12:10	2.1	12:24	1.6	6:46	0.1	6:43	0.0	6:23	5:46	
4	Sun	1:09	2.0	1:24	1.5	7:54	0.2	7:49	0.0	6:22	5:47	
5	Mon	2:22	2.0	2:45	1.4	9:04	0.2	9:00	0.0	6:20	5:48	
6	Tue	3:40	2.0	4:01	1.5	10:06	0.2	10:03	0.0	6:19	5:49	
7	Wed	4:39	2.0	4:58	1.6	10:59	0.1	10:59	0.0	6:17	5:50	
8	Thu	5:30	2.0	5:48	1.7	11:49	0.1	11:54	0.0	6:15	5:51	
9	Fri	6:16	2.1	6:35	1.8			12:37	0.0	6:14	5:52	
10	Sat	6:59	2.0	7:18	1.9	12:47	-0.1	1:19	0.0	6:12	5:54	
11	Sun	7:38	2.0	7:57	2.0	1:33	-0.1	1:56	-0.1	6:11	5:55	
12	Mon	8:13	1.9	8:33	2.0	2:14	-0.1	2:29	-0.1	6:09	5:56	
13	Tue	8:47	1.9	9:09	2.0	2:52	0.0	3:01	0.0	6:07	5:57	
14	Wed	9:22	1.8	9:47	2.0	3:30	0.1	3:34	0.0	6:06	5:58	
15	Thu	10:00	1.7	10:30	2.0	4:11	0.2	4:10	0.1	6:04	5:59	
16	Fri	10:43	1.6	11:15	1.9	4:58	0.3	4:52	0.2	6:02	6:00	
17	Sat	11:26	1.5			5:49	0.4	5:39	0.3	6:01	6:01	
18	Sun	12:01	1.9	12:10	1.4	6:42	0.4	6:30	0.3	5:59	6:02	
19	Mon	12:49	1.8	12:58	1.4	7:39	0.5	7:26	0.3	5:57	6:03	
20	Tue	1:46	1.8	2:01	1.4	8:42	0.5	8:31	0.3	5:56	6:04	
21	Wed	2:57	1.9	3:18	1.5	9:38	0.4	9:32	0.2	5:54	6:05	
22	Thu	3:58	1.9	4:17	1.6	10:25	0.3	10:25	0.1	5:52	6:06	
23	Fri	4:47	2.0	5:05	1.8	11:10	0.2	11:17	0.0	5:51	6:07	
24	Sat	5:32	2.1	5:53	2.0	11:55	0.1			5:49	6:09	
25	Sun	6:18	2.2	6:41	2.2	12:12	-0.1	12:41	-0.1	5:48	6:10	
26	Mon	7:05	2.2	7:29	2.4	1:06	-0.1	1:25	-0.2	5:46	6:11	
27	Tue	7:50	2.1	8:16	2.5	1:57	-0.2	2:07	-0.2	5:44	6:12	
28	Wed	8:36	2.1	9:04	2.5	2:44	-0.2	2:48	-0.2	5:43	6:13	
29	Thu	9:24	2.0	9:57	2.5	3:33	-0.1	3:33	-0.2	5:41	6:14	
30	Fri	10:18	1.9	10:56	2.4	4:29	0.0	4:25	-0.1	5:39	6:15	
31	Sat	11:17	1.8	11:56	2.3	5:30	0.1	5:25	0.0	5:38	6:16	